

BROMSGROVE and REDDITCH ATHLETIC CLUB TRACK and FIELD RECORDS

75 METRES				100 METRES				150 METRES			
U12	11.24 Zachary Skidmore	Stourport	09-May-26	U14	14.20 Oliver Watson	Coventry	02-May-26	U12			
				U16	11.8 Carson She	Daventry	31-May-26	U14			
				U18	12.7 Thomas Chester	Redditch	16-Apr-26	U16			
				U18	12.7 Alfie Morris	Redditch	16-Apr-26	U18			
				U20	10.49 Dewi Hammond	Bedford	15-Jun-13	U20	17.9 George Clements	Stourport	08-Apr-18
				Senior	10.55 Darian Moore	Manchester	24-Jun-22	Senior	17.02 David Mould	Bhm Univ	17-Apr-13
				M35	11.11 David Mould	Dagenham	30-Jul-22	M35	17.37 Russell Hingley	Bhm Univ	17-Apr-13
				M40	11.82 ET Russell Hingley	Lee Valley	15-Aug-18	M40	18.2 Russell Hingley	Stourport	08-Apr-18
				M40	11.8 Russell Hingley	Nuneaton	14-Aug-19	M55	19.3 Peter Mould	Stourport	17-Apr-11
				M45	11.5 Russell Hingley	Redditch	15-Aug-25	M60	21.1 Peter Mould	Stourport	06-Apr-14
CLUB BEST PERFORMANCE AT 60 METRES				M50	12.7 Paul Husbands	Brierley Hill	27-Jun-18	M65	20.4 Peter Mould	Nuneaton	12-Sep-21
U11	9.6 Jacob West	Redditch	02-Sep-22	M55	12.8 Peter Mould	Worcester	08-May-10	M65	20.4 Peter Mould	Nuneaton	12-Sep-21
U15	7.7 Ben Jones	Redditch	02-Sep-22	M60	13.0 Peter Mould	Stourport	01-May-14				
M35	7.1 David Mould	Redditch	02-Sep-22	M65	13.13 Peter Mould	Derby	11-Jun-22				
M65	8.3 Peter Mould	Redditch	02-Sep-22	M70	13.18 Peter Mould	Nuneaton	23-Nov-24				
				M75	18.1 Len Quartly	Solihull	28-Jun-17				
				M80	20.7 Len Quartly	Stratford	20-Jul-22				
80 METRES				200 METRES				300 METRES			
U10				U14	27.51 Jonah Reichow	Stourport	09-May-26	U16	42.0 Gabriel Navarro	Coventry	02-May-26
U12				U16	24.6 Carson She	Daventry	31-May-26	U18			
U14				U18	23.36 Oscar Leyland	Bhm Univ	13-May-26	U20	35.3 Stewart Greenhalgh	Stourport	07-Apr-19
U16				U20	21.65 Dewi Hammond	Alexander	20-Jul-13	Senior	36.3 David Mould	Stourport	10-Apr-16
U18				Senior	21.34 Stewart Greenhalgh	Birmingham	06-Jul-22	M35	37.72 Martin Aspley-Davis	Yate	02-Sep-12
M40	10.0 Martin Aspley-Davis	Stourport	07-Apr-19	M35	22.73 David Mould	Nuneaton	29-Jun-22	M40	39.1 Martin Aspley-Davis	Stourport	07-Apr-19
M50	10.7 Paul Husbands	Stourport	02-Apr-17	M40	24.35 Russell Hingley	Kettering	01-May-18	M55	42.3 Peter Mould	Stourport	17-Apr-11
				M45	23.80 Russell Hingley	Derby	14-Sep-25	M60	44.7 Peter Mould	Stourport	06-Apr-14
				M50	26.2 Noel Deam	Solihull	06-Jun-93	M65	44.1 Peter Mould	Stourport	02-Apr-17
				M55	26.4 Peter Mould	Worcester	08-May-10	M65	44.1 Peter Mould	Stourport	02-Apr-17
				M60	26.7 Peter Mould	Yate	18-May-13				
				M65	27.34 Peter Mould	Derby	11-Jun-22				
				M70	27.10 Peter Mould	Derby	28-Jul-24				
				M75	38.9 Len Quartly	Redditch	07-Jun-17				
				M80	44.30 Len Quartly	Redditch	15-Jun-22				
600 METRES				400 METRES				800 METRES			
U12	1.47.4 Zachary Skidmore	Redditch	16-Apr-26	U16				U14	2.35.7 Bobby Thomas	Coventry	02-May-26
U14				U18	50.40 Oscar Leyland	Bhm Univ	30-May-26	U16	2.06.8 Harry Helmore	Daventry	31-May-26
U16				U20	48.9 Simon Lane	Redditch	1978	U18	2.04.1 James McCarthy-Smith	Redditch	16-Apr-26
U18				Senior	47.8 John Robertson	Crystal Palace	14-Jul-72	U20	1.50.11 Sam Hembry	Loughborough	21-Jun-25
U20	78.84 Sam Hembry	Birmingham	14-Jun-25	M35	49.77 David Mould	Nuneaton	03-Jun-23	Senior	1.48.71 Simon Lane	Edinburgh	23-Aug-80
Senior	84.1 David Mould	Stourport	07-Apr-19	M40	53.7 Martin Aspley-Davis	Solihull	28-Jun-17	M35	2.04.25 Luke O'Gorman	Birmingham	02-Aug-23
M35	82.6 David Mould	Redditch	02-Sep-22	M45	56.5 Noel Deam	Brierley Hill	10-Jul-91	M40	2.06.92 Calvin Scoltock	Alexander	26-Jun-11
M40	96.7 Calvin Scoltock	Stourport	06-Apr-14	M45	56.5 Chris Gibbs	Redditch	13-May-26	M45	2.07.9 Calvin Scoltock	Worcester	23-May-15
M45	1.40.3 Calvin Scoltock	Worcester	17-Apr-18	M50	59.74 Mike Neylon	Brierley Hill	27-Sep-15	M50	2.11.99 Calvin Scoltock	Jesolo Italy	11-Sep-19
M50	1.36.9 Scott Beverley	Redditch	02-Sep-22	M55	58.9 Peter Mould	Alexander	15-Sep-12	M55	2.27.84 Calvin Scoltock	Maderia	17-Oct-25
				M65	63.5 Peter Mould	Worcester	12-May-18	M65	2.48.5 David Carney	Solihull	22-Jun-03
				M70	64.49 Peter Mould	Nuneaton	06-Aug-23	M70	3.07.4 David Carney	Exeter	15-Jun-08
				M75	87.43 David Carney	Battersea	25-Aug-13	M70	3.07.45et David Carney	Alexander	05-Jul-09

MEN

**BROMSGROVE and REDDITCH ATHLETIC CLUB
TRACK and FIELD RECORDS**

23/06/2026

				M80	1.42.65 David Carney	Alexander	11-Aug-19	M75	3.24.64 David Carney	Solihull	21-Jul-13	
				1000 METRES				ONE MILE				
Senior	2.18.62 Adrian Passey	Oslo, Norway	05-Aug-87		1500 METRES							
M40	2.59.9 Russell Rawlins	Solihull	14-Jul-02	U14	5.08.1 Oliver Steane	Daventry	31-May-26	U14				
M45	2.56.0 Calvin Scoltock	Swindon	20-Mar-16	U16	4.28.0 Harry Helmore	Redditch	16-Apr-26	U16				
				U18	3.58.05 Gabriel Wagstaff	Bhm Univ	13-May-26	U18				
				U20	3.51.3 Adrian Passey	Plymouth	08-Jul-83	U20	4.36.9 Sean Bowden	Redditch	15-Apr-10	
				Senior	3.34.50 Adrian Passey	Oslo, Norway	04-Jul-87	Senior	3.54.9 Adrian Passey	Harlow	20-Aug-89	
				M35	3.47.63 Adrian Passey	Watford	12-Jul-00	M35	4.39.27 Luke O'Gorman	Bury	26-Aug-24	
U14	1200 METRES			M40	4.11.0 Bernie Jones	Eton	23-Jun-01	M40	4.35.5 Bernie Jones	Redditch	16-Apr-00	
U16				M45	4.21.3 Paul Knight	Redditch	19-May-94	M45	4.51.49 Calvin Scoltock	Tipton	17-Aug-18	
SNR	3.46.6 Mark Appleton	Stourport	17-Apr-11	M50	4.28.62 Calvin Scoltock	Jesolo Italy	07-Sep-19	M50	4.56.22 Calvin Scoltock	Tipton	16-Jul-19	
M40	3.40.1 Calvin Scoltock	Stourport	06-Apr-14	M55	5.06.07 Calvin Scoltock	Derby	13-Sep-25	M55	5.34.5 Ian Keyte	Redditch	14-Apr-16	
M45	3.30.99 Wayne Watkins	Birmingham	10-Jul-22	M60	5.29.39 Jonathan Grix	Stourport	25-Aug-25	M60	5.54.6 Jonathan Grix	Redditch	15-Aug-25	
				M65	5.58.7 David Carney	Barnes	07-Sep-03	M65	6.30.0 David Carney	Solihull	27-Jul-03	
				M70	6.37.1 David Carney	Redditch	12-Jun-08	M70	7.16.6 Len Quartly	Redditch	12-Apr-12	
Senior	16190 met Peter Ball	Redditch	18-Oct-20	M75	7.02.3 Len Quartly	Stourport	11-May-17	M75	8.26.4 Len Quartly	Stourport	25-Apr-19	
M40	15561 met Brett Elesmore	Redditch	26-May-23		2000 METRES							
M45	16574 met Pete Vale	Redditch	18-Oct-20	Senior	5.09.5 Adrian Passey	Crystal Pal	28-Jul-89					
M50	15925 met Rob Mole	Redditch	18-Oct-20	M35	7.52.8 Martin Aspley-Davis	Worcester	25-Apr-17					
M75	10569 met Len Quartly	Redditch	18-Oct-20	M40	6.38.7 Andrew Freeman	Worcester	25-Apr-17	Senior	8.49.79 Adrian Passey	Canberra	01-Dec-96	
				M45	6.23.9 Calvin Scoltock	Worcester	17-Apr-18					
					3000 METRES				10000 METRES			
U16				U18	17.02.0 Ryan Lee	Solihull	02-May-09	Senior	31.58.02 Joe Smith	Parliament Hill	16-May-15	
U18	8.41.99 Gabriel Wagstaff	Loughborough	18-Apr-26	U20	13.20.09 Adrian Passey	Hechtel	19-Jul-97	M35	31.58.64 James Bowler	Parliament Hill	16-May-15	
U20	8.16.3 Adrian Passey	Cheltenham	16-Jul-83	Senior	13.30.67 Adrian Passey	Heusden	02-Mar-00	M40	34.16.98 Dave Kesterton	Ljubijana	24-Jul-08	
Senior	7.48.09 Adrian Passey	Crystal Pal	24-Jul-89	M35	15.45.1 Mike Parker	Solihull	10-Jun-90	M45	33.24.7 Mike Parker	Solihull	19-Aug-90	
M35	7.53.88 Adrian Passey	Wythenshaw	14-Jun-00	M40	16.21.5 Mike Hawkins	Solihull	10-Jun-90	M50	33.42.77 Mike Hawkins	Alexander	07-Jul-91	
M40	9.18.9 Phil Carbutt	Worcester	19-Aug-99	M45	16.30.7 Mike Hawkins	Cannock	21-Sep-91	M55	42.25.02 Calvin Scoltock	Horspath	30-May-26	
M45	9.35.4 Wayne Watkins	Wolverhampton	05-Jun-22	M50	17.29.92 Mike Cadman	Leicester	15-Mar-14	M60	38.28.7 Edgar Nicholls	Wolverhampton	20-Jul-85	
M50	9.41.7 Mike Cadman	Worcester	01-Aug-13	M55	18.18.0 Edgar Nicholls	Wolverhampton	14-Jul-85	M65	43.02.2 Edgar Nicholls	Solihull	15-Aug-93	
M55	10.29.1 Ian Keyte	Solihull	25-May-16	M60	20.53.9 Edgar Nicholls	Jarrow	14-Jul-93	M70	46.48.8 Edgar Nicholls	Solihull	13-Aug-95	
M60	11.56.5 Alan Elsmere	Brierley Hill	08-Aug-07	M65	23.50.2 Edgar Nicholls	Solihull	14-Jun-98					
M65	12.18.1 Alan Elsmere	Alexander	29-May-13	M70								
M70				M75								
M75	15.47.8 Len Quartly	Redditch	05-Jun-19	M75								
					SPECIAL PERFORMANCE TRACK MARATHON							
					80m HURDLES				100m HURDLES			
U14				U14				U12	17.25 Tim Chi Kitson She	Stourport	09-May-26	
U16				U16								
M70				U18								
M75				M50								
				M55								
				M60								
					110m HURDLES				200m HURDLES			
U18				U14				U16				
U20	14.41 Paul Gripton	Stoke	17-Jun-95	Senior	25.2 Richard Saunders	Verified by NUTS	10-May-72	Senior	43.6 Martin Aspley-Davis	Cheltenham	04-Jun-12	
Senior	14.59 Paul Gripton	Alexander	23-Aug-98	M40	28.90 Martin Aspley-Davis	Nottingham	31-Aug-19	M35	44.02 Martin Aspley-Davis	Cheltenham	06-May-13	

MEN

**BROMSGROVE and REDDITCH ATHLETIC CLUB
TRACK and FIELD RECORDS**

23/06/2026

M35	19.87 Martin Aspley-Davis	Solihull	20-Jul-14	M45	32.5 Noel Deam	Alexander	Sep-98	M60	47.7 Peter Mould	Worcester	25-May-13
M40	21.8 Martin Aspley-Davis	Tipton	17-Jul-17	M50	31.30 Mike Neylon	Worcester	30-Aug-15				
M45	21.4 Jason Cashmore	Solihull	05-Aug-18								
	400m HURDLES				HIGH JUMP				POLE VAULT		
U18	53.77 Ollie Dieppe	Bhm Univ	26-Apr-26	U12	1.20m Harley Brown	Stourport	09-May-26	U14			
U20	55.3 Paul Gripton	Redditch	13-May-00	U14	1.60m Aleksander Mutishev	Daventry	31-May-26	U16			
Senior	58.7 Martin Aspley-Davis	Worcester	04-Aug-12	U18				U20	3.60m Brian Hughes	Coventry	May-88
M35	61.1 Martin Aspley-Davis	Corby	04-Jun-17	U20	1.96m Charlie Husbands	Bedford	31-May-21	Senior	3.80m Mark Mullis	Tamworth	03-May-97
M40	61.18ET Martin Aspley-Davis	Alexander	24-Jun-17	Senior	2.10m Charlie Husbands	Birmingham	29-Jul-23	M35	2.50m Martin Aspley-Davis	Corby	04-Jun-17
M45	67.75 Martin Aspley-Davis	Stourport	31-Aug-25	M35	1.60m Martin Aspley-Davis	Corby	06-Jun-15	M40	2.70m Rob Greenaway	Tamworth	18-Aug-93
M50	65.92 Peter Mould	Derby	07-Jun-03	M40	1.55m Martin Aspley-Davis	Solihull	06-May-17	M45	3.20m Rob Greenaway	Telford	May-96
	WEIGHT THROW			M50	1.65m Paul Husbands	Burton	19-May-19	M65	1.60m Clive Brown	Stourport	30-Apr-15
M35	10.55m Sam Cater 15.88k	Derby	13-Oct-18	M55	1.50m Paul Husbands	Redditch	06-Aug-25		PENTATHLON		
M40	8.74m Sam Cater	Horspath	07-Mar-26	M60	1.30m Clive Rose	Worcester	30-Aug-15	U14			
M50	11.40m Vito Ricci 11.34k	Hull	29-Jun-19	M65	1.25m Len Quartly	Worcester	04-Sep-11	M40	2152 Jason Cashmore	Horspath	18-Jun-17
M55	11.25m Vito Ricci	Horspath	07-Mar-26	M70	1.20m Len Quartly	Stourport	03-May-12	M45	1781 Dave Haynes	Stoke	06-Aug-88
	WEIGHT THROWS PENTATHLON			M80	0.90m Len Quartly	Worcester	10-May-23		DECATHLON		
M35	2517 Sam Cater	Hull	29-Jun-19		WEIGHT THROWS DECATHLON			U18			
M40	2084 Sam Cater	Horspath	30-May-26	M35	4507 Sam Cater	Derby	13-Oct-18	U20	4079 Loxley Arscott	Alexander	13-May-79
M50	2247 Vito Ricci	Hull	29-Jun-19					M40	3824 Martin Aspley-Davis	Basingstoke	28-Sep-19
M55	2277 Vito Ricci	Horspath	29-Jun-19						OCTATHLON		
	LONG JUMP				TRIPLE JUMP			U16			
U12	3.77m Theodore Dwenger	Redditch	16-Apr-26	U16	11.26m Louis Bonne Slaney	Stourport	09-May-26	U12			
U14	4.63m Jonah Reichow	Daventry	31-May-26	U18				U14			
U16	4.98m Aleksander Mutishev	Redditch	16-Apr-26	U20	14.67m Mike Adebolu	Alexander	26-May-90	U16	13.70m Kian Ali (4K)	Redditch	16-Apr-26
U18				Senior	12.70m Craig Darlington	Sutton	21-Jul-90	U18			
U20	7.05m Craig Darlington	Stoke	29-Jul-89	M35	10.32m Martin Aspley-Davis	Worcester	02-Jul-16	U20	14.03m Geo.Shepherd(6.25K)	Solihull	05-Sep-64
Senior	7.12m Craig Darlington	Sheffield	05-May-91	M40	10.61m Geoff Broom	Brierley Hill	11-May-92	U20	13.06m Sam Cater (6K)	Abingdon	08-Sep-02
M35	5.10m Martin Aspley-Davis	Worcester	30-Jul-14	M45	10.70m Geoff Broom	Tamworth	Jun-94	Senior	15.42m Geo.Shepherd(7.26K)	Oldbury	21-May-66
M40	5.23m Geoff Broom	Redditch	06-Aug-92	M50	9.35m Mike Neylon	Leamington	17-Jun-15	M35	11.23m Sam Cater	Burton	06-Jul-19
M45	5.12m Geoff Broom	Bhm Univ	1993	M55	9.15m Andrew Brunton	Stratford	11-Jun-25	M40	11.33m Mike Jones	Bromsgrove	03-Jul-83
M50	4.96m Paul Husbands	Tamworth	10-Sep-17	M60	7.80m Clive Brown	Redditch	03-Jun-10	M45	10.59m Mike Jones		May-90
M55	4.47m Andrew Brunton	Redditch	13-May-26	M65	6.46m Clive Brown	Brierley Hill	27-May-15	M50	12.07m Mike Jones(6K)		1991
M60	3.29m Clive Brown	Worcester	13-Aug-09	M70				M55	10.82m Mike Jones	Solihull	13-Jun-99
M65	3.28m Bill Rawlins	Tamworth	11-Sep-99	M75				M60	11.80m Mike Jones(5K)	Bedford	29-Jul-00
M70	3.19m Len Quartly	Leamington	25-Jun-14					M65	10.56m Mike Jones	Solihull	06-Aug-05
M75	3.01m Len Quartly	Nottingham	31-Aug-19					M70	10.42m Mike Jones	Cardiff	04-Jul-10
M80	2.59m Len Quartly	Stratford	12-Jun-24					M75	6.14m Len Quartly (4K)	Solihull	01-Sep-18
	DISCUS				HAMMER				JAVELIN		
U12				U12				U12			
U14				U14				U14	31.61m Harry Seckley (500g)	Redditch	16-Apr-26
U16	31.11m Kian Ali (1.25K)	Stourport	09-May-26	U16				U16	30.79m Kswery Zimowski (600g)	Redditch	16-Apr-26
U18				U18				U18			

BROMSGROVE and REDDITCH ATHLETIC CLUB

TRACK and FIELD RECORDS

23/06/2026

MEN

U20	35.16m Sam Cater (1.75K)	Abingdon	08-Sep-02	U20	44.60m Todd Green (6K)	Stourport	29-Apr-18	U20	58.14m Anthony Childs (800g)	Kirkby	12-Jul-80
Senior	42.42m Geo.Shepherd(2K)	Verified by NUTS	1969	Senior	40.59m Geo.Shepherd(7.26K)	Verified by NUTS	1969	U20	52.38m Sam Cater 800g NS	Derby	17-Jun-00
M35	35.59m Ben Hembry	Solihull	01-Aug-10	M35	35.30m Sam Cater	Tipton	04-May-19	Senior	59.40m John Pratt (800g)	Coventry	07-May-89
M40	29.62m Mike Jones	Bromsgrove	03-Jul-83	M40	30.27m Sam Cater	Horspath	07-Mar-26	M35	47.10m Sam Cater	Hull	29-Jun-19
M45	30.40m Mike Jones		1985	M45	28.08m Brian Hetherington	Redditch	15-May-97	M40	40.54m Mohammed Abrar	Solihull	01-Sep-18
M50	35.08m Mike Jones(1.5K)	Solihull	07-Jun-92	M50	31.82m Vito Ricci (6K)	Nuneaton	04-Jun-22	M45	42.07m Mohammed Abrar	Stourport	14-Jul-24
M55	30.94m Mike Jones	Tamworth	11-Sep-99	M55	31.13m Vito Ricci (6K)	Leamington	13-Apr-24	M50	38.19m Mohammed Abrar700g	Worcester	14-May-25
M60	37.10m Mike Jones(1.0K)	Stafford	26-Aug-00	M60	24.45m Mike Jones	Burton	05-Oct-03	M50	40.70m Mohammed Abrar 800g	Tipton	16-May-26
M65	31.58m Mike Jones	Alexander	14-Sep-08	M65	23.05m Mike Jones	Solihull	11-Jun-06	M55	24.99m Clive Brown	Tipton	10-Aug-05
M70	32.15m Mike Jones	Bhm Univ	23-Jun-10	M70	26.93m Mike Jones	Leicester	13-Jun-10	M60	24.44m Clive Brown	Stafford	05-Sep-09
M75	10.38m Len Quartly	Stratford	21-Jul-21	M75	6.44m Len Quartly	Solihull	01-Sep-18	M65	24.43m Julian Grubb	Nuneaton	04-Sep-16
								M70	17.73m Mike Jones	Leicester	12-Jun-11
								M75	17.45m Julian Grubb	Stratford	14-Jun-23
								M80	12.33m Len Quartly (600g)	Nuneaton	16-Sep-23
1200m STEEPLECHASE				2000m STEEPLECHASE				2,000m WALK			
U/14				U18	5.56.6 Neil Rousell	Warley	01-Jul-72	U14			
				U20	5.41.7 Steve Jones	Alexander	24-May-89	U16			
				Senior	6.50.7 Peter Ball	Tipton	16-May-26	U18			
				M35	6.23.8 Bernie Jones	Solihull	10-Jun-01	U20			
U/16	1500m STEEPLECHASE			M45	8.02.6 Andrew Freeman	Stoke	19-Aug-23	Senior	13.20.3 Robert Mole	Redditch	11-Jun-09
				M50	7.43.3 Scott Beverley	Leamington	20-May-23	M35	10.04.2 Matthew Henney	Leamington	17-Jun-15
								M45	9.15.2 David Henley	Tamworth	11-Sep-99
								M50	9.25.7 David Henley	Redditch	04-Jun-01
								M55	10.36.8 Bill Rawlins	Alexander	05-Sep-90
				U20	9.35.1 David Brearley	Solihull	1964	M60	11.15.2 Bill Rawlins	Brierley Hill	08-Jul-96
				Senior	8.45.05 Steve Jones	Alexander	17-Jun-89	M65	11.52.9 Bill Rawlins	Worcester	08-Jul-99
				M35	11.52.9 Andrew Freeman	Kettering	02-Aug-14	M70	12.10.8 Len Quartly	Brierley Hill	26-Jun-13
				M40	9.56.0 Bernie Jones	Eton	23-Jun-01	M75	12.32.1 Len Quartly	Redditch	07-Jun-17
				M45	12.11.0 Kevin Lanckham	Gloucester	16-Aug-13	M80	13.41.6 Len Quartly	Redditch	05-Jul-23
				M50	12.04.8 Scott Beverley	Newport	09-Jul-23				

BROMSGROVE and REDDITCH AC INDOOR RECORDS

60 METRES				200 METRES				400 METRES			
U12				U12				U12			
U14				U14				U14			
U16				U16				U16			
U18				U18				U18			
U20	6.80 Dewi Hammond	Sheffield	08-Feb-14	U20	21.99 Stewart Greenhalgh	Sheffield	23-Feb-20	U20	49.91 Ollie Dieppe	Lee Valley	17-Jan-26
Senior	6.77 Darian Moore	Lee Valley	23-Feb-24	Senior	21.71 Stewart Greenhalgh	Sheffield	03-Feb-24	Senior	50.09 Stewart Greenhalgh	Glasgow	21-Jan-23
M35	7.29 David Mould	Lee Valley	08-Jan-23	M35	23.00 David Mould	Birmingham	26-Feb-23	M35	50.44 David Mould	Birmingham	20-Feb-23
M40	7.77 Russell Hingley	Eltham	06-Mar-22	M40	24.5 Peter Mould	NIA	12-Feb-95	M40	59.36 Calvin Scoltock	NIA	16-Feb-14
M45	7.49 Russell Hingley	Uxbridge	21-Jan-26	M45	24.20 Russell Hingley	Sheffield	04-Jan-26	M45	59.7 Noel Deam	Cosford	13-Mar-87
M50	8.4 Noel Deam	Cosford	20-Mar-93	M50	26.8 Noel Deam	Cosford	20-Mar-93	M50	73.5 Noel Deam	Cosford	20-Mar-93
M55	8.35 Peter Mould	Eton	08-Jan-12	M55	26.54 Peter Mould	NIA	19-Feb-12	M55			
M60	8.32 Peter Mould	Birmingham	19-Mar-17	M60	26.46 Peter Mould	Lee Valley	09-Mar-13	M60	59.89 Peter Mould	NIA	17-Feb-13
M65	8.50 Peter Mould	Lee Valley	09-Jan-22	M65	27.65 Peter Mould	Lee Valley	10-Mar-18	M65			
M70	8.62 Peter Mould	Lee Valley	08-Feb-23	M70	28.05 Peter Mould	Manchester	07-Jan-24	M70	66.34 Peter Mould	Lea Valley	23-Feb-25
100 METRES				800 METRES				1500 METRES			
U12				U14				U14			
U14				U16				U16			
U16				U18				U18			
U18				U20	1.51.79 Luke Richardson	Birmingham	26-Feb-23	U20	4.09.44 Sean Bowden	NIA	07-Feb-09
U20	11.22 Kota Suzuki	Alexander	26-Mar-11	Senior	1.49.2 Bob Adams	Belgrade	08-Mar-69	Senior	3.39.40 Adrian Passey	Stuttgart	31-Jan-88
Senior	11.59 David Mould	Birmingham	25-Mar-18	M35	2.04.25 Luke O'Gorman	Birmingham	02-Aug-23	M35			
M35	12.38 Chris Gibbs	Birmingham	16-Mar-19	M40	2.09.38 Calvin Scoltock	Lee Valley	09-Mar-14	M40	4.09.48 Bernie Jones	NIA	26-Feb-00
M65	13.53 Peter Mould	Birmingham	25-Mar-18	M45	2.15.13 Calvin Scoltock	Lee Valley	01-Mar-15	M45	4.33.41 Calvin Scoltock	Lee Valley	01-Mar-15
	300 METRES			M50	2.17.30 Calvin Scoltock	Lee Valley	08-Mar-20	M50	4.42.78 Calvin Scoltock	Lee Valley	07-Mar-20
U16					150 METRES						
U18				U18							
U20											
Senior	35.63 Darian Moore	Manchester	05-Dec-21								
M35	37.10 David Mould	Lee Valley	08-Jan-23								
M40	39.98 Russell Hingley	Manchester	10-Mar-19								
M70	47.00 Peter Mould	Lee Valley	08-Feb-23								
600 METRES				3000 METRES				60m HURDLES			
U18				U20	9.35.0 Robert Jack	Cosford	Dec-79	U12			
U20	1.20.97 Sam Hembry	Manchester	02-Feb-25	Senior	7.52.87 Adrian Passey	Cosford	24-Jan-87	U14			24-Mar-13
Senior	1.17.8 Bob Adams	Cosford	20-Dec-69	M35	11.54.13 Martin Aspley-Davis	Lee Valley	01-Mar-15	U16			20-Feb-22
	2000 METRES			M40	9.09.14 Bernie Jones	NIA	26-Feb-00	U18			24-Feb-19
M50	6.35.03 Calvin Scoltock	Sheffield	16-Nov-19	M45	9.37.70 Vince Rollason	NIA	26-Feb-00	U20	8.28 Paul Gripton	NIA	05-Feb-95
M55	7.26.23 Calvin Scoltock	Sheffield	22-Nov-25	M50	10.21.50 Calvin Scoltock	Lee Valley	23-Feb-20	Senior	8.19 Paul Gripton	Glasgow	14-Mar-98
	1000 METRES				5000 METRES			M35	11.09 Martin Aspley-Davis	Lee Valley	01-Mar-15
M40	3.32.61 Martin Aspley-Davis	Lee Valley	17-Feb-19	M40	24.25.32 Jason Cashmore	Helsinki	10-Apr-16	M40	11.21 Martin Aspley-Davis	Lee Valley	24-Feb-19
M45	3.34.63 Jason Cashmore	Lee Valley	23-Feb-20					M45	11.49 Jason Cashmore	Lee Valley	25-Feb-18
M50	2.57.77 Calvin Scoltock	Sheffield	16-Nov-19					M50	11.52 Peter Mould	Glasgow	15-Feb-03
M55	3.15.26 Calvin Scoltock	Sheffield	22-Nov-25		PENTATHLON				QUADRATHLON		
	ONE MILE			M40	2151 Martin Aspley-Davis	Lee Valley	17-Feb-19				
Senior	3.59.93 Adrian Passey	Cosford	13-Mar-87	M45	2344 Jason Cashmore	Lee Valley	25-Feb-18				

MEN

***BROMSGROVE and REDDITCH AC
INDOOR RECORDS***

23/06/2026

M45	4.56.50 Calvin Scoltock	Cardiff	03-Mar-19		_____		_____
M50	5.03.27 Calvin Scoltock	Lee Valley	29-Jan-20		_____		_____
M55	5.32.61 Calvin Scoltock	Sheffield	04-Jan-26		_____		_____

BROMSGROVE and REDDITCH AC INDOOR RECORDS

HIGH JUMP				SHOT PUTT				LONG JUMP			
U12				U12				U12			
U14				U14				U14			
U16				U16				U16			
U18				U18				U18			
U20	2.03m Charlie Husbands	Loughborough	14-Jan-23	U20	11.46m Sam Cater	NIA	10-Feb-01	U20	6.66m Craig Darlington	Cosford	25-Feb-89
Senior	1.56m Martin Aspley-Davis	Lee Valley	01-Mar-15	Senior	14.24m Geo. Shepherd	Cosford	05-Dec-84	M35	4.99m Martin Aspley-Davis	NIA	14-Feb-15
M35	1.60m Martin Aspley-Davis	Lee Valley	24-Feb-19	M35	11.01m Sam Cater	Lee Valley	10-Mar-19	M40	4.87m Martin Aspley-Davis	Lee Valley	24-Feb-19
M40	1.60m Paul Husbands	Lee Valley	12-Mar-17	M40	9.23m Jason Cashmore	Helsinki	09-Apr-16	M45	4.50m Jason Cashmore	Lee Valley	23-Feb-20
M45	1.68m Paul Husbands	Madrid	19-Mar-18	M45	10.83m Mike Jones	Cosford	31-Mar-90	M50	5.12m Paul Husbands	Lee Valley	04-Mar-18
M50	1.50m Paul Husbands	Loughborough	21-Jan-24	M50	11.53m Mike Jones	Glasgow	14-Jul-90				
M55	1.52m Paul Husbands	Loughborough	01-Feb-26	M55	10.35m Steve Carr	Lea Valley	22-Feb-25				
	POLE VAULT				WEIGHT THROW				TRIPLE JUMP		
M35	2.00m Martin Aspley-Davis	Lee Valley	23-Feb-14					U20	10.95m William Harman	Birmingham	06-Jan-18
M40	2.00m Jason Cashmore	Helsinki	10-Apr-16	M40	6.05m Jason Cashmore	Helsinki	10-Apr-16	Senior	12.05m William Harman	Birmingham	18-Jan-20
	3,000m WALK				2,000m WALK			M40	9.42m Jason Cashmore	Helsinki	10-Apr-16
U14				U14				U14			
U16				U16				U16			
U18				U18				U18			
U20	13.44.8 Reg Gardner	St Athan	20-Mar-82	U20				U20			
Senior	13.53.5 David Henley	Cosford	20-Mar-93	Senior				Senior			
M40	14.18.17 David Henley	NIA	01-Mar-97	M40	8.29.70 David Henley	Glasgow	17-Mar-91	M40	22.55.18 David Henley	Cosford	03-Feb-91
M45	14.47.1 David Henley	Cardiff	17-Feb-01	M45				M45			
M50	16.30.23 Matt Henney	Lee Valley	17-Feb-24	M50	10.43.34 Matt Henney	Lee Valley	25-Feb-24	M50			
M55	17.25.21 Bill Rawlins	NIA	02-Mar-96	M55				M55			
M60	17.43.3 Terry Simons	Cosford	31-Mar-90	M60				M60			
M65	17.52.07 Terry Simons	NIA	28-Feb-97	M65				M65			

BROMSGROVE and REDDITCH AC ROAD RECORDS

MEN

23/06/2026

5 KILOMETRES				5 KILOMETRES PARK RUN				5 MILES									
U14				U14				U14									
U16				U16				U16									
U18				U18				U18									
U17	16.09	Conor Smith	Gloucester	18-Aug-15	U17	16.32	Luke Richardson	Arrow Valley	14-Sep-19	Senior	22.27	John Mutai	Loughrea	16-Oct-99			
U20	15.42	Alex Adams	Hereford	10-Apr-24	U20	16.00	Alex Adams	Stratford	09-Mar-24	M35	28.37	Calvin Scoltock	Cleethorpes	31-Mar-09			
Senior	13.44	Adrian Passey	Dublin	04-May-96	Senior	15.50	Ty Adkins	Arrow Valley	29-Nov-25	M40	25.58	Mike Parker	Sparkhill	27-Dec-88			
M35	15.30	James Bowler	Battersea	06-Jul-15	M35	16.36	Joe Smith	Arrow Valley	09-Mar-24	M40	25.58	Bernie Jones	Gloucester	20-Feb-99			
M40	15.08	Bernie Jones	Gloucester	17-Jun-99	M40	16.19	James Marshall	Arrow Valley	11-Oct-25	M45	26.17	Mike Parker	Michigan	23-Sep-90			
M45	15.44	Phil Carbutt	Gloucester	17-Aug-00	M45	16.49	Richard Malin	Arrow Valley	22-Nov-14	M50	27.59	Mike Parker	Gloucester	21-Feb-98			
M50	16.55	Mike Cadman	Wythall	14-Jul-13	M50	16.46	Mike Cadman	Cannon Hill	16-Feb-13	M55	29.41	Edgar Nicholls	Coventry	28-Mar-82			
M55				M55	17.10	Mike Cadman	Cannon Hill	30-Nov-13	M60	34.26	Peter Hawcroft	Dudley	22-Feb-09				
M60	19.28	Alan Elsmere	Sandhurst	21-Aug-08	M60	19.57	Clive Rose	Cannon Hill	09-Jun-18	M70	40.32	Peter Hawcroft	Bloxwich	10-Dec-23			
M65				M65	20.13	Alan Elsmere	Cannon Hill	17-Mar-12	M75	41.01	Peter Hawcroft	Wolverhampton	22-Dec-24				
M70	25.05	Peter Hawcroft	Audley	17-Dec-23	M70	24.12	Peter Hawcroft	Arrow Valley	25-Nov-23	1 MILE							
M75	24.35	Peter Hawcroft	Leominster	29-Mar-24	M75	24.49	Peter Hawcroft	Arrow Valley	23-Mar-24	M35	4.46	Luke O'Gorman	London	21-Sep-24			
M80	35.51	David Carney	Mountain Ash	31-Dec-18	M80	30.13	Len Quartly	Arrow Valley	22-Oct-22	M45	4.59	Calvin Scoltock	Bourton	21-Jul-18			
													M50	4.57	Calvin Scoltock	Bourton	13-Jul-19
10 KILOMETRES				10 MILES				20 MILES									
U14				U14				U14									
U16				U16				U16									
U18				U18				U18									
U20	45.14	Benjamin Jones	Birmingham	03-May-26	U20	56.32	Ian Keyte	Tipton	18-Nov-79	U20							
Senior	29.13	Adrian Passey	Coventry	16-Oct-94	Senior	48.58	Adrian Passey	Tipton	18-Nov-84	Senior	1.54.25	Paul Collins	Cardiff	28-Feb-99			
M35	32.06	Richard Malin	Crowle	28-May-06	M35	52.27	Richard Malin	Portsmouth	09-Oct-05	M35	2.18.21	Rob Mole	Gloucester	08-Mar-09			
M40	32.11	Bernie Jones	Bourton	25-Feb-01	M40	53.51	Dave Kesterton	Walsall	09-Dec-07	M40	1.56.27	Mike Parker	Finchley	12-Apr-87			
M45	32.17	Phil Carbutt	Bradford	12-Sep-99	M45	53.24	Mike Parker	Woking	01-Mar-92	M45	2.01.14	Richard Malin	Ashby	20-Mar-16			
M50	33.57	Phil Carbutt	Silverstone	02-May-06	M50	54.51	Phil Carbutt	Bloxwich	14-Dec-03	M50	2.06.34	Darryll Thomas	Berkeley	15-Feb-26			
M55	36.03	Mike Cadman	Birmingham	03-Nov-13	M55	63.52	Alan Elsmere	Sneyd	11-Dec-05	M55	2.23.42	Roger Beacham	Gloucester	23-Mar-98			
M60	40.37	Alan Elsmere	Worcester	13-Jul-08	M60	67.25	Alan Elsmere	Portsmouth	28-Oct-07	M60							
M65	42.18	Peter Hawcroft	Fradley	15-Mar-15	M65	76.17	Peter Hawcroft	Bloxwich	11-Dec-16	M65	2.31.51	Alan Elsmere	Gloucester	17-Mar-13			
M70	44.29	Peter Hawcroft	Fradley	10-Mar-19	M70	79.02	Peter Hawcroft	Derby	14-Nov-21	M70							
M75	50.23	Peter Hawcroft	Kingswinford	01-May-24	M75	84.23	Peter Hawcroft	Chippenham	08-Mar-26	M75							
HALF MARATHON				MARATHON				50 KILOMETRES									
U14				U14				M40	4.11.41	Rob Mole	Salisbury	14-Aug-11					
U16				U16				M45	3.38.36	Rob Mole	Gloucester	05-Feb-17					
U18				U18				M50	4.55.29	Rob Mole	Runnymede	12-Sep-25					
U20	78.56	Ian Keyte	Chemilly sur Yonne	22-Apr-79	U20			M55	4.23.44	Rob Mole	Portsmouth	21-Dec-25					
Senior	60.52	John Mutai	South Shields	10-Oct-99	Senior	2.13.20	John Mutai	Dubai	14-Jan-00	50 MILES							
M35	70.44	Joe Smith	Bath	17-Mar-24	M35	2.29.36	Joe Smith	London	21-Apr-24	MULTI TERRAIN RUNNING SPECIAL PERFORMANCE							
M40	71.59	Mike Parker	Stroud	30-Oct-88	M40	2.30.29	James Marshall	London	21-Apr-24	M35	9.17.50	Adam Lloyd	Coniston	27-Jul-13			
M45	71.30	James Marshall	Bath	15-Mar-26	M45	2.43.38	Darryll Thomas	Chester	08-Oct-23	M40	11.08.57	Rob Mole	Coniston	25-Jul-15			
M50	74.49	Mike Parker	Lake Vyrnwy	24-Sep-95	M50	2.34.24	Mike Hawkins	London	21-Apr-91	M45	9.41.39	Rob Mole	Coniston	30-Jun-16			
M55	80.42	Mike Cadman	Coventry	23-Mar-14	M55	2.56.51	Alan Elsmere	London	13-Apr-03	50 MILES							
M60	87.12	Alan Elsmere	Lake Vyrnwy	09-Sep-07	M60	3.10.14	Alan Elsmere	London	26-Apr-09	MOUNTAIN RUNNING SPECIAL PERFORMANCE							
M65	88.54	Edgar Nicholls	Stroud	29-Oct-89	M65	3.10.58	Alan Elsmere	London	22-Apr-12	M55	13.16.07	Steve James	Davros Switz	30-Jul-11			
M70	1.49.07	Peter Hawcroft	Stroud	29-Oct-23	M70	3.53.24	Alan Elsmere	London	23-Apr-17	100 MILES							
M75	1.53.02	Peter Hawcroft	Stafford	23-Mar-25	M75	4.48.58	Len Quartly	London	23-Apr-17	MOUNTAIN RUNNING SPECIAL PERFORMANCE							
													M50	33.28.31	Rob Mole	Coniston	28-Jul-22

BROMSGROVE and REDDITCH AC ROAD RECORDS

MEN

23/06/2026

3K WALK				5K WALK				10K WALK			
U14				U14				U14			
U16				U16				U16			
U18				U18				U18			
U20				U20	23.30 Kevin Sturdy		1973	U20	48.09 Carl Tonks	Keswick	04-May-85
Senior	13.70 Dave Henley	Nuneaton	Jun-84	Senior				Senior	46.34 Dave Henley	Redditch	Apr-85
M40				M40	27.18 Kevin Worth	Perry Pk	14-Jul-99	M40	56.39 Kevin Worth	Tamworth	03-Dec-00
M45				M45				M45	52.03 David Henley	Leicester	15-Sep-96
M50				M50				M50	51.06 Dave Henley	Tamworth	03-Dec-00
M55				M55				M55			
3 MILES WALK				M60	30.50 Bill Rawlins	Leamington	21-Mar-99	M60	60.09 Bill Rawlins	Solihull	13-Aug-95
U14				M65				M65	62.14 Bill Rawlins	Worcester	20-Feb-01
U16				M70				M70			
U18				M75				M75			
U20											
20K WALK				30K WALK				35K WALK			
U16				U16				U16			
U18				U18				U18			
U20				U20				U20			
Senior	95.01 Roy Hart	Lindholm	10-Mar-71	Senior	2.31.25 Reg Gardner	Edinburgh	27-Apr-86	Senior	2.54.34 Reg Gardner	Leicester	15-Jun-85
M35	1.37.43 Reg Gardner	York	10-May-86	M35				M35			
M40	2.04.45 Kevin Worth	Sutton Pk	01-Aug-98	M40				M40			
M45	2.11.43 Kevin Worth	Sutton Pk	17-Jun-00	M45				M45			
M50	1.51.08 Dave Henley	Sutton Pk	19-May-01	M50	3.12.15 Bill Rawlins	Leicester	05-May-86	M50	3.42.59 Bill Rawlins	Leicester	May-88
M55	1.59.44 Bill Rawlins	Birmingham	28-Oct-89	M55				M55	3.42.22 Bill Rawlins	Leicester	08-Jun-91
M60	2.03.39 Bill Rawlins	Sutton Pk	10-Jun-95	M60				M60			
M65	2.07.00 Terry Simons	Athens	10-Jun-94	M65				M65			
M70	2.14.55 Terry Simons	Durban	23-Jul-97	M70				M70			
M75				M75				M75			
50K WALK				10 MILE WALK				20 MILE WALK			
U16				U16				U16			
U18				U18				U18			
U20				U20	77.30 Reg Gardner	Kirkby	21-Mar-70	U20	2.45.36 Reg Gardner	Sutton Park	18-Apr-70
Senior	4:26-29 Reg Gardner	Luxembourg	12-May-85	Senior	73.14 Russell Rawlins	Kingston	14-Mar-87	Senior	2.40.22 Reg Gardner	Leicester	25-May-85
M35	4.26.53 Reg Gardner	Enfield	10-May-86	M40				M40			
M45				M45				M45			
M50	5.37.42 Bill Rawlins	Enfield	12-Jul-86	M50	96.17 Bill Rawlins	Kingston	14-Mar-87	M50	3.26.50 Bill Rawlins	Leicester	25-May-85
M55				M55				M55			
M60				M60	99.43 Terry Simons	Rugby	Feb-87	M60			
M65				M65				M65			
M70				M70				M70			
M75				M75				M75			

WOMEN

BROMSGROVE and REDDITCH ATHLETIC CLUB
TRACK and FIELD RECORDS

23/06/2026

75 METRES				100 METRES				150 METRES			
U10				U14	13.67 Neveah Johnson	Stourport	09-May-26	U12	22.9 Lois Day	Redditch	16-Apr-26
U12	11.34 Emily Raven	Stourport	09-May-26	U16	13.6 Amelia Green	Daventry	31-May-26	U14	21.3 Navaeh Johnson	Redditch	16-Apr-26
U14	11.5 Emilia Rozner	Redditch	12-Apr-26	U18				U16			
	80 METRES			U20	12.1 Julie Need	B'ham	15-Jun-63	U18			
U10				U20	12.1 Nicola Lamb	Coventry	06-Sep-88	U20	20.1 Isobel Billau	Stourport	14-Apr-13
U12				Senior	12.0 Joanne Frost	Burton	05-Jul-08	Senior	18.7 Joanne Frost	Stourport	17-Apr-11
U14				W35	12.19 Joanne Frost	Worcester	30-Aug-15	W35	19.80 Joanne Frost	Stourport	10-Apr-16
U16				W40	12.89 Joanne Frost	Solihull	08-Jul-18	W40	24.3 Deborah Ricci	Stourport	06-Apr-14
U18				W45	13.28 Yvonne Priestman	Turku	20-Jul-91	W45	22.3 Deborah Ricci	Cheltenham	13-Jul-16
U20	10.2 Isobel Billau	Stourport	14-Apr-13	W50	13.62 Yvonne Priestman	Malmo	20-Jul-96	W50	22.1 Sharon Samuel	Stourport	08-Apr-18
SEN	10.0 Joanne Frost	Stourport	17-Apr-11	W55	14.23 Yvonne Priestman	Derby	07-Jun-03	W55			
W35	10.0 Joanne Frost	Stourport	12-Apr-15	W60	14.6 Yvonne Priestman	Worcester	13-Jul-06	W60	25.7 Julie Wakelam	Nuneaton	12-Sep-21
W45	11.7 Deborah Ricci	Stourport	12-Apr-15	W65	15.8 Yvonne Priestman	Bromsgrove	03-Aug-11				
W50	11.9 Sharon Samuel	Stourport	08-Apr-18	W70	20.8 Rita Brownlie	Nuneaton	04-Sep-16				
200 METRES				300 METRES				400 METRES			
U14	29.7 Lottie Evans	Daventry	31-May-26					U12	94.79 Laila Dineen	Stourport	09-May-26
U16	28.4 Amelia Green	Daventry	31-May-26	U16	46.3 Holly Hanson	Daventry	31-May-26	U14			
U18				U18				U16			
U20	24.7 Nicola Lamb	Dudley	13-Aug-88	U20	41.7 Isobel Billau	Bromsgrove	10-Jun-12	U18	67.3 Winnie Padmore	Tipton	16-May-26
Senior	25.2 Joanne Frost	Kettering	07-May-11					U20	57.0 Isobel Billau	Alexander	05-Jul-13
W35	26.4 Joanne Frost	Redditch	29-Jul-15	W40	48.9 Rita Brownlie	Solihull	25-Aug-88	Senior	60.0 Joanne Frost	Tamworth	27-May-12
W40	27.6 Yvonne Priestman	Warley	1990	W45	46.9 Yvonne Priestman	Redditch	11-Apr-92	W35	62.5 Joanne Frost	Coventry	08-May-16
W45	27.32 Yvonne Priestman	Turku	25-Jul-91	W55	46.7 Yvonne Priestman	Bhm Univ	26-May-03	W40	64.2 Joanne Frost	Brierley Hill	27-Jun-18
W50	27.67 Yvonne Priestman	Malmo	26-Jul-96					W45	65.11 Yvonne Priestman	Copthall	01-Jul-92
W55	28.87 Yvonne Priestman	Eton	24-Jun-01					W50	64.42 Yvonne Priestman	Malmo	22-Jul-96
W60	30.57 Yvonne Priestman	Poznan	27-Jul-06					W55	65.50 Yvonne Priestman	Brisbane	13-Jul-01
W65	33.8 Yvonne Priestman	Stourport	05-May-11					W60	72.48 Yvonne Priestman	Poznan	26-Jul-06
W70	50.5 Rita Brownlie	Worcester	19-Jul-17					W65	82.3 Yvonne Priestman	Bromsgrove	03-Aug-11
								W70	2.06.2 Rita Brownlie	Nuneaton	04-Sep-16
600 METRES				800 METRES				1200 METRES			
U10				U14	2.35.86 Harriet Boehm	Stourport	09-May-26	U14	4.21.3 Harriet Boehm	Redditch	16-Apr-26
U12	2.00.58 Emily Raven	Stourport	09-May-26	U16	2.32.42 Holly Hanson	Stourport	09-May-26	U16			
U14				U18	2.37.3 Phoebe Ranger	Redditch	16-Apr-26	U18			
U16				U20	2.14.3 Josie Mawdsley	Redditch	26-May-23	U20	3.51.8 Sally Hogan	Stourport	17-Apr-11
U18				Senior	2.12.13 Beth Sykes	Azusa (USA)	17-Apr-25	Senior			
U20	1.56.0 Emily Dale	Redditch	02-Sep-22	W35	2.30.0 Tamara Freeman	Redditch	31-Jul-24				
Senior	1.41.3 Beth Sykes	Redditch	02-Sep-22	W40	2.29.8 Faye Stanyard	Redditch	15-Jun-22	CLUB BEST PERFORMANCE AT 60 METRES			
W45	1.47.9 Caroline Warrington	Redditch	02-Sep-22	W45	2.30.5 Bronwen Cardy-Wise	Bhm Univ	12-Jun-97	U11	9.6 Sidonia M'Bayo	Redditch	02-Sep-22
W50	2.25.8 Sharon Fox	Redditch	02-Sep-22	W45	2.30.53et Caroline Warrington	Nuneaton	31-Jul-22	U13	9.7 Claudia Barker	Redditch	02-Sep-22
	1 HOUR			W50	2.44.4 Yvonne Priestman	Worcester	19-Aug-99	U15	8.5 Lily Jenkins	Redditch	02-Sep-22
Senior	14385 met Natasha Newton	Redditch	18-Oct-20	W55	2.47.4 Yvonne Priestman	Mansfield	01-Sep-02	U17	8.2 Annika Biggs	Redditch	02-Sep-22
W35	14351 met Tamara Freeman	Redditch	18-Oct-20	W60	3.06.2 Yvonne Priestman	Stafford	05-Sep-09				
W40	16460 met Bronwen Cardy-Wise	Birmingham	08-Mar-92	W65	3.20.3 Yvonne Priestman	Worcester	04-Sep-11				
W50	12855 met Sharon Fox	Redditch	26-May-23	W70	4.50.4 Peggy Blunn	Worcester	27-Jul-16				

WOMEN

**BROMSGROVE and REDDITCH ATHLETIC CLUB
TRACK and FIELD RECORDS**

23/06/2026

1500 METRES				ONE MILE				2000 METRES						
U14	5.18.2	Harriet Boehm	Coventry	02-May-26	U14									
U16	4.36.34	Martha Blower	Bhm Univ	13-May-26	U16	4.59.51	Martha Blower	Oxford	04-May-26					
U18					U18									
U20	4.36.8	Melanie Betts			U20	5.03.8	Bronwen Cardy	Redditch	19-May-71					
Senior	4.26.68	Beth Sykes	Birmingham	06-Jul-24	Senior	5.20.6	Rita Gorton(Brownlie)	Coventry	24-Jun-67	Senior	6.47.9	Sally Hogan	Worcester	25-Apr-17
W35	4.37.8	Bronwen Cardy-Wise		1989	W35	5.38.8	Tamara Freeman	Worcester	08-May-24					
W40	4.24.2	Bronwen Cardy-Wise	Redditch	05-May-94	W40	5.40.2	Caroline Warrington	Stratford	21-Jul-21					
W45	4.52.7	Bronwen Cardy	Solihull	10-Jun-01	W45	5.45.6	Faye Stanyard	Worcester	08-May-24					
W50	6.10.3	Alison Pickup	Coventry	08-May-16	W50	6.25.3	Charlotte Ball	Redditch	15-Apr-11					
W55	6.43.6	Mary Morris	Brierley Hill	27-Jun-18	W55	7.20.2	Jane Anderson	Redditch	27-Apr-22					
W60	5.52.9	Bronwen Cardy	Leamington	25-Jun-14	W60									
W65	6.45.8	Yvonne Priestman	Worcester	04-Sep-11	W65									
W70	10.12.0	Peggy Blunn	Redditch	15-Jun-16										
3000 METRES				5000 METRES				10,000 METRES						
U16	10.18.37	Martha Blower	Loughborough	12-Apr-26	U18					U18				
U18					U20					U20				
U20	9.40.4	Bronwen Cardy	Crystal Pal.	16-Jul-71	Senior	17.41.79	Laura Kyte	Buenos Aires	28-May-16	Senior	36.56.49	Laura Kyte	Buenos Aires	11-Jun-16
Senior	9.39.6	Bronwen Cardy			W35	16.44.94	Bronwen Cardy-Wise	Eugene (USA)	06-Aug-89	W35	35.08.33	Bronwen Cardy-Wise	Eugene (USA)	29-Jul-89
W35	9.45.1	Bronwen Cardy-Wise	Solihull	16-Jul-89	W40	19.25.18	Caroline Warrington	Nuneaton	09-Jun-19	W40	38.58.44	Lisa Thomas	Redditch	25-Aug-23
W40	9.29.82	Bronwen Cardy-Wise	Tel Aviv	27-May-93	W45	17.09.3	Bronwen Cardy	Solihull	11-Jun-00	W45	34.37.3	Bronwen Cardy	Watford	22-Jul-00
W45	9.59.9	Bronwen Cardy	Redditch	30-Apr-00	W50	19.18.7	Bronwen Cardy	Solihull	05-Jun-05	W50	46.25.3	Sharon Fox	Redditch	26-May-23
W50	11.25.3	Bronwen Cardy	Tipton	10-Aug-05	W55					W55				
W55	11.18.3	Bronwen Cardy	Brierley Hill	08-Aug-07	W60					W60				
W60	12.19.1	Bronwen Cardy	Worcester	26-Jul-12	W65					W65				
W65	14.15.9	Yvonne Priestman	Stourport	05-May-11										
70m HURDLES				80m HURDLES				100m HURDLES						
U12					U16					U18				
					W40					U20	15.60	Jessica Bennett	Loughborough	26-Jun-16
					W45	16.5	Rita Brownlie	Solihull	31-Jul-94	Senior	16.0	Wendy Adams		
					W50	18.2	Rita Brownlie	Solihull	13-Jun-99	W35				
					W55					W40	21.1	Rita Brownlie	Loughborough	21-Jul-91
					W60					W45	21.3	Rita Brownlie		May-93
U14	13.6	Joy Padmore	Daventry	31-May-26	W65					W50	22.3	Rita Brownlie	Redditch	Jun-97
					W45	16.5	Rita Brownlie	Solihull	31-Jul-94	W55				
					W50	18.2	Rita Brownlie	Solihull	13-Jun-99	W60				
					W55					W65				
					W60					W60				
					W65					W65				

WOMEN

**BROMSGROVE and REDDITCH ATHLETIC CLUB
TRACK and FIELD RECORDS**

23/06/2026

200m HURDLES				300m HURDLES				2,000m WALK				
U14				U16				U14				
U20				U18				U16				
Senior				U20				U18				
W35	40.5 Miriam Perry	Nuneaton	04-Sep-16	W50	52.04 Yvonne Priestman	Gateshead	01-Aug-99	U20				
W40	36.8 Rita Brownlie	Solihull	25-Sep-88	W55	55.41 Yvonne Priestman	Brisbane	06-Jul-01	Senior	9-20.0 Sharon Tonks	Tamworth	27-Aug-01	
W45	39.1 Rita Brownlie	Alexander	15-Sep-96	W60	71.5 Rita Brownlie	Solihull	14-Jun-09	W35	9.19.93 Sharon Tonks	Tamworth	02-Sep-05	
					400m HURDLES			W40	10.09 Sharon Tonks	Stourport	13-May-10	
	1200m STEEPLECHASE			U18				W45	10.36.8 Sally Haynes	Warley	03-Sep-87	
U14				U20	63.0 Wendy Adams	Kirkby	12-Jul-80	W50	12.55.7 Sue Brunt	Alexander	30-Aug-98	
	1500m STEEPLECHASE			Senior	62.3 Wendy Adams	Warley	17-Jul-83	W55	14.14.4 Betty O 'Gorman	Bromsgrove	03-Aug-11	
U/16				W35	77.3 Rita Brownlie	Warley	Jul-86	W60	12.38.2 Yvonne Priestman	Worcester	05-Aug-10	
	2000m STEEPLECHASE			W40	77.0 Rita Brownlie	Solihull	14-Jun-87	W65	12.38.5 Yvonne Priestman	Worcester	06-Jul-11	
U/18				W45	80.2 Rita Brownlie		May-93					
	3000m STEEPLECHASE			W50	80.6 Yvonne Priestman	Worcester	20-Jun-99		2 MILE WALK			
U/20								Senior	16.48.0 Sharon Tonks		19-Apr-94	
Senior												
	2500m WALK				3000m WALK				5000m WALK			
U14								U14				
U16								U16				
U18								U18				
U20				U20	14.43.8 Carla Jarvis	Brierley Hill	16-May-92	U20	25.35.0 Sharon Tonks	Jarrow	04-Jun-89	
Senior	12.25.0 Sharon Tonks	Redditch	24-Feb-95	Senior	13.53.8 Sharon Tonks	Stourport	12-May-02	Senior	24.05.49 Sharon Tonks	Perry Park	13-Jul-02	
				W35	14.05.2 Sharon Tonks	Stourport	14-May-05	W35	24.16.0 Sharon Tonks	Tamworth	22-May-05	
	1600m WALK			W40	16.40.4 Sally Haynes	Corby	12-Jul-87	W40	28.13.1 Sally Haynes	Wolverhampton	22-Sep-87	
U14				W45	18.38.7 Sally Haynes	Glasgow	15-Sep-90	W45	31.52.9 Sally Haynes	Solihull	19-Aug-90	
U16								W50				
	1 MILE WALK								800m WALK			
W45	14.21.5 Caroline Warrington	Redditch	09-Aug-23					U12				
	10000m WALK				PENTATHLON				HEPTATHLON			
U18				U14				U16				
U20	55.18.0 Sharon Tonks	Sheffield	03-Sep-89	U16				U18				
Senior	50.21.0 Sharon Tonks	Solihull	25-Oct-97	U18				U20	3894 Kathryn Lane	Alexander	22-Sep-96	
W35	65.70.0 Sally Haynes	Brighton	Sep-84	W35	1698 Rita Brownlie	Droitwich	May-83					
W40	64.26 Sally Haynes	Sutton Coldfield	23-Oct-88	W40	2489 Rita Brownlie	Solihull	20-Aug-89		TRIATHLON			
W45	71.29.0 Sue Brunt	Solihull	10-Aug-97	W45	1987 Caroline McGee	Horspath	26-May-24	U14				
W50				W55	2860 Julie Wakelam	Lee Valley	19-Aug-18		HEXATHLON			
	20,000m WALK			W60	3219 Julie Wakelam	Sheffield	18-Jul-21	U16				
Senior	102.10.0 Sharon Tonks	Yverdon Switz	06-Aug-00	W65	2597 Julie Wakelam	Horspath	26-May-24		QUADRATHLON			
W45	122.17.06 Sally Haynes	Basildon	07-Apr-90		HAMMER DECATHLON			U10				
				U18				U12				

WOMEN

BROMSGROVE and REDDITCH ATHLETIC CLUB

TRACK and FIELD RECORDS

23/06/2026

JAVELIN				TRIPLE JUMP				SHOT PUTT			
U12				U16	23.18m Torrie Gaitens	Birmingham	16-Apr-26	U12			
U14	29.39m Joy Padmore	500g Stourport	09-May-26	U16	8.95m Yasmin Hughes	Stourport	09-May-26	U14	7.10m Lorianna Mason	2,72kg Redditch	16-Apr-26
U16	25.21m Eliesha Dineen	Coventry	02-May-26	U18	11.18m Isobel Billau	Leicester	14-Jul-12	U16	8.80m Torrie Gaitens	3kg Coventry	02-May-26
U18	29.72m Xanthe Matthews	Redditch	16-Apr-26	U20	11.63m Yvonne Brearley	Solihull	14-Jul-96	U18	7.84m Jess Henderson	3kg Birmingham	12-Apr-26
U20	44.90m Dawn Haywood	600g Barry	22-Jul-90	Senior	10.92m Joanne Frost	Mansfield	06-Aug-16	U20	10.59m Jo Sutton	3kg	
Senior	41.18m Dawn Haywood	Loughborough	21-Jul-91	W35	7.82m Julie Wakelam	Mansfield	01-Sep-02	Senior	10.76m Jo Sutton	Worcester	May-95
W35	28.04m Miriam Perry	Kettering	03-Oct-15	W40	7.95m Julie Wakelam	Solihull	03-Sep-06	Senior	7.21m Romy Naven	4kg Tipton	16-May-26
W40	36.36m Sandra Turner	Redditch	30-Apr-00	W45	8.10m Julie Wakelam	Brierley Hill	27-Jun-12	W35	7.78m Miriam Perry	3kg Redditch	07-Jun-17
W45	28.66m Caroline McGee	Worcester	18-May-24	W50	7.85m Julie Wakelam	Solihull	01-Sep-18	W40	9.39m Sandra Turner	Redditch	30-Apr-00
W50	24.59m Julie Wakelam	500g Derby	22-Jul-12	W55	7.56m Julie Wakelam	Burton	19-May-19	W45	8.82m Caroline McGee	Stourport	14-Jul-24
W55	25.71m Julie Wakelam	Alexander	10-Aug-14	W60	6.97m Julie Wakelam	Redditch	16-Jul-25	W50	7.55m Louise Laxton	Alexander	14-Sep-08
W60	22.33m Julie Wakelam	Alexander	11-Aug-19	WEIGHT 7.26K				W55	7.31m Julie Wakelam	Wrexham	26-Sep-15
W65	19.43m Julie Wakelam	Redditch	31-Jul-24	W45	7.99m Caroline McGee	Horspath	26-May-24	W60	7.32m Julie Wakelam	Hull	29-Jun-19
W70	7.85m Rita Brownlie	Brierley Hill	27-Jun-18	W55	9.91m Julie Wakelam	Birmingham	14-Jul-18	W65	6.03m Julie Wakelam	Worcester	14-May-25
W75	7.43m Rita Brownlie	Redditch	05-Jul-23	W60	12.16m Julie Wakelam	5.45kg Derby	18-Jul-21	W70	5.18m Rita Brownlie	Stourport	03-May-18
				W65	11.22m Julie Wakelam	Derby	26-Jul-24	W75	4.47m Rita Brownlie	Nuneaton	04-Sep-22
DISCUS				HAMMER				HIGH JUMP			
U12				U12				U12			
U14				U14				U14			
U16	18.41m Torrie Gaitens	1k Coventry	02-May-26	U16				U16			
U18	19.89m Jess Henderson	1k Birmingham	12-Apr-26	U18	18.51m Xanthe Matthews	4kg Tipton	16-May-26	U18			
U20	39.84m Erica Trafford			U20	31.98m Samantha Bowkett	4kg Nuneaton	30-Aug-20	U20	1.55m Gemma Collins	Redditch	02-May-99
Senior	23.87m Miriam Perry	Kettering	03-Oct-15	Senior	37.53m Hannah Scott	Stourport	10-May-25	Senior	1.58m Lisa Jeffcoate		
W35	24.86m Sandra Turner	Redditch	30-Apr-00	W35	20.85m Miriam Perry	Redditch	15-Jun-16	W35	1.32m Julie Wakelam	Redditch	04-May-95
W40	22.96m Dulcie McDowell	Worcester	13-Jul-25	W40	20.48m Sandra Turner	Northants	08-Aug-99	W40	1.40m Rita Brownlie		1990
W45	23.67m Julie Wakelam	Worcester	12-May-12	W45	25.81m Caroline McGee	Nuneaton	24-Jun-24	W45	1.28m Julie Wakelam	Nuneaton	01-Sep-07
W50	22.36m Julie Wakelam	Lee Valley	19-Aug-18	W50	32.04m Julie Wakelam	3kg Alexander	14-Sep-13	W50	1.25m Julie Wakelam	Redditch	11-Jun-09
W55	21.69m Julie Wakelam	Redditch	15-Jun-22	W55	33.37m Julie Wakelam	Cheltenham	16-Jul-14	W55	1.20m Julie Wakelam	Stoke	31-Aug-14
W60	20.38m Julie Wakelam	Horspath	24-May-24	W60	32.13m Julie Wakelam	Stourport	14-May-22	W60	1.18m Yvonne Priestman	Redditch	14-Jun-07
W65	12.38m Rita Brownlie	Nottingham	31-Aug-19	W65	30.14m Julie Wakelam	Nuneaton	23-Jun-24	W60	1.18m Julie Wakelam	Coventry	06-Jul-19
W70	11.74m Rita Brownlie	Abingdon	09-Sep-23	W70	15.68m Rita Brownlie	3kg Nuneaton	04-Sep-16	W65	1.15m Julie Wakelam	Redditch	31-Jul-24
W75				W70	13.01m Rita Brownlie	4kg Gloucester	04-Jun-16				
				W75	10.93m Rita Brownlie	4kg Stoke	19-Aug-23				
POLE VAULT				LONG JUMP				RELAYS 4 X 100m			
U14				U12	3.66m Lois Day	Stourport	09-May-26	U14			
U16				U14	4.58m Nicola Skrzek	Daventry	31-May-26	U16	56.7 Clarke, Proudman	Coventry	02-May-26
U18				U16	4.45m Victoria Clarke	Coventry	02-May-26		Dineen, Green		
U20				U18				U18			
U20				U20	5.72m Janice Arscott	Warley	04-Jun-77				
Senior	2.00m Melanie Hepke	Cannock	03-Jul-10	Senior	5.74m Joanne Frost	Worcester	04-Aug-12				
W35	2.30m Melanie Hepke	Worcester	02-Jul-16	W35	5.91m Joanne Frost	Lyon	11-Aug-15	U20	51.2	Redditch	17-Sep-77
W40				W40	5.44m Joanne Frost	Burton	02-Jun-18	Senior	50.9 Beaven , Naven	Tipton	04-Aug-19
W45				W45	4.73m Joanne Frost	Worcester	18-May-24		Lownsbrough ,Frost		
W50				W50	3.89m Polly Gerner	Alexander	05-Jul-08	W35	59.1 Brownlie,Priestman		
W55				W55	3.84m Polly Gerner	Leamington	25-Jun-14		Butler,Cardy-Wise		1990

WOMEN

**BROMSGROVE and REDDITCH ATHLETIC CLUB
TRACK and FIELD RECORDS**

23/06/2026

W60				W60	3.74m Polly Gerner	Redditch	30-May-18	W40	60.62 Samuel ,Gerner	Solihull	01-Sep-18	
				W65	3.52m Julie Wakelam	Stourport	11-May-24		Bristow, Ricci			
				W70	2.09m Rita Brownlie	Stourport	11-May-17	W45	60.7 Gerner,Wakelam	Redditch	08-Jun-06	
				W75	1.64m Rita Brownlie	Nuneaton	16-Sep-23		Laxton, Priestman			
	RELAYS 4 X 200m				RELAYS 4 X 400m				RELAYS 4 X 800m			
U14								U16				
U16				U18				U18				
U18				Senior	4.14.6 Billau,Hogan	Leamington	04-Jun-11		RELAYS 4 X 300m			
					Tomlinson,Frost			U16	3.16.3 Gatiens, Hanson	Daventry	31-May-26	
W35	2.02.5	Hadley	07-Sep-90	W35	4.47.7		1997	U18	Ascough, Cooke			
W40	02:05.0 Gerner,Walder			W40	5.16.5 Ricci,Hepke	Alexander	29-May-13					
	Langston,Priestman	<u>Redditch</u>	13-May-99		Richardson,Selvey							
W45	02.13.2 Gerner,Laxton			U18	MIXED RELAY 4 x 400m							
	Wakelam,Priestman	Alexander	10-May-06						1600m MEDLEY RELAY SPRINT			
								W35	4.41.4 Walder,Brownlie,			
									Priestman,Cardy-Wise	Droitwich	01-Sep-91	
								W40	4.58.4 Frost,Ricci			
									Samuel,Bristow	Brierley Hill	27-Jun-18	
								W45	5.36.1 Gerner,Laxton			
									Priestman,Stuart	Brierley Hill	11-Jul-07	
					TRACK & FIELD SEATED RECORDS							
	SHOT PUTT 2K				CLUB THROW				DISCUSS 1K			
SEN F31	2.59m Leanna Horne	Nottingham	23-Sep-17	SEN F31	8.54m Leanna Horne	Nottingham	23-Sep-17	SEN F31	3.72m Leanna Horne	Kingston	08-Apr-18	
SEN F32	2.64m Leanna Horne	Manchester	27-Jul-13	SEN F32	6.89m Leanna Horne	Coventry	20-Jul-14	SEN F32	3.33m Leanna Horne	Coventry	20-Jul-14	

WOMEN

**BROMSGROVE and REDDITCH AC
INDOOR RECORDS**

23/06/2026

60 METRES				200 METRES				400 METRES			
				U12				U12			
				U14				U14			
				U16				U16			
				U18				U18			
U20	7.93 Vivien Hitzler	NIA	19-Feb-17	U20	25.6 Nikki Lamb	Cosford	Jan-89	U20	62.7 Sarah Swinson	Cosford	17-Dec-88
Senior	7.84 Jo Frost	NIA	12-Feb-12	Senior	26.96 Ashleigh Beaven	Lee Valley	30-Jan-19	Senior	58.66 Isabel Billau	Lee Valley	31-Jan-15
W35	7.91 Jo Frost	Ancona	29-Mar-16	W35	32.89 Yasmine Al Daftary	NIA	20-Feb-11	W35			
W40	8.10 Jo Frost	Birmingham	19-Jan-20	W40	28.4 Yvonne Priestman	Cosford	31-Mar-90	W40	72.1 Carol Walder	Cosford	31-Mar-90
W45	8.49 Yvonne Priestman	Glasgow	17-Mar-91	W45	28.08 Yvonne Priestman	NIA	05-Jan-92	W45	67.83 Yvonne Priestman	Glasgow	20-Mar-94
W50	8.83 Sharon Samuel	Torun (Pol)	26-Mar-19	W50	28.41 Yvonne Priestman	NIA	01-Mar-97	W50	65.68 Yvonne Priestman	NIA	02-Mar-97
W55	8.96 Yvonne Priestman	Bordeaux	10-Mar-01	W55	29.61 Yvonne Priestman	Bordeaux	11-Mar-01	W55	71.14 Yvonne Priestman	Bordeaux	12-Mar-01
W60	9.38 Yvonne Priestman	Linz	18-Mar-06	W60	31.03 Yvonne Priestman	Linz	16-Mar-06	W60	72.46 Yvonne Priestman	Linz	20-Mar-06
100 METRES				800 METRES				1500 METRES			
				U12				U14			
				U14				U16			
				U16				U18			
				U18				U20			
U20	13.25 Isabel Billau	Alexander	16-Mar-19	U20	2.22.78 Georgie Hartigan	NIA	28-Feb-10	Senior	4.55.14 Lucy Hatfield	Sheffield	14-Feb-25
Senior			24-Mar-13	Senior	2.15.00 Beth Sykes	Ashland USA	07-Feb-25	W40	4.36.53 Beth Sykes	Boston USA	15-Feb-25
W35				W35					5.00.74 Faye Stanyard	Lee Valley	13-Mar-22
W40				W40							
W45	14.77 Deborah Ricci	Alexander	29-Mar-15	W45							
W50				W50							
W55				Senior	4.02.39 Talitha Scoltock-Daftary	Sheffield	22-Nov-25				
W60											
600 METRES				3000 METRES				60m HURDLES			
U14				Senior	9.50.02 Beth Sykes	Ashland USA	03-Feb-24	U12			
U16				W40	12.14.81 Melanie Hepke	Lee Valley	28-Feb-16	U14			
U18								U16			
								U18			
Senior	5000 METRES							U20	9.27 Jessica Bennett	NIA	19-Feb-17
	16.59.98 Beth Sykes	Allendale USA	06-Dec-24					Senior	13.75 Juliette Warburton	Lee Valley	21-Feb-16
								W40			
								W45			
Senior	ONE MILE							W50			
	4.53.06 Beth Sykes	Boston USA	09-Feb-24	U10				W55			
W45	5.46.77 Caroline Warrington	Lee Valley	07-Feb-24	U12				W60			

WOMEN

**BROMSGROVE and REDDITCH AC
INDOOR RECORDS**

23/06/2026

HIGH JUMP				SHOT PUTT				LONG JUMP			
U12				U12				U12			
U14				U14				U14			
U16				U16				U16			
U18				U18				U18			
U20	1.50m Helen Colbourne	NIA	07-Feb-99	U20				U20	5.51m Vivien Hitzler	NIA	19-Feb-17
Senior				Senior				Senior	5.66m Jo Frost	NIA	04-Feb-12
W35				W35				W35	5.79m Jo Frost	Ancona	01-Apr-16
W40				W40				W40	5.38m Jo Frost	Torun (Pol)	25-Mar-19
W45				W45				W45			
W50	1.18m Julie Wakelam	Lee Valley	18-Mar-12	W50				W50	3.74m Julie Wakelam	Lee Valley	17-Mar-12
W55	1.15m Julie Wakelam	Lee Valley	23-Feb-14	W55	7.02m Julie Wakelam	Lee Valley	23-Feb-14	W55	3.73m Julie Wakelam	Lee Valley	08-Mar-14
W60	1.14m Julie Wakelam	Lee Valley	24-Feb-19	W60	7.39m Julie Wakelam	Lee Valley	10-Mar-19	W60	3.67m Polly Gerner	Lee Valley	10-Mar-18
				W65				W65			
				W70	4.77m Rita Brownlie	Lee Valley	04-Mar-18	W65	3.31m Julie Wakelam	Sheffield	26-Jan-25
3000m WALK				POLE VAULT				TRIPLE JUMP			
U16				U16				U16			
U18				U18				U18			
U20				U20				U20	11.01m Isobel Billau	NIA	15-Jan-12
Senior	13.57.87 Sharon Tonks	Cardiff	02-Feb-02	Senior				Senior			
W35	15.03.27 Sharon Tonks	Cardiff	05-Mar-06	W35				W35			
W40				W40	2.10m Melanie Hepke	Lee Valley	28-Feb-16	W40			
W45	19.33.9 Sally Haynes	Cosford	31-Mar-90					W45			
W50	19.29.42 Sally Haynes	NIA	02-Mar-96					W50	7.85m Julie Wakelam	Lee Valley	18-Mar-12
W55								W55	7.88m Julie Wakelam	Lee Valley	09-Mar-14
W60				W40	11.17.4 Sally Haynes	Cosford	28-Mar-87	W60	7.39m Julie Wakelam	Lee Valley	10-Mar-19
W65								W65	7.01m Julie Wakelam	Sheffield	26-Jan-25
W70								W70			

