

BROMSGROVE and REDDITCH AC ROAD RECORDS

Subject to scrutiny

WOMEN

BROMSGROVE and REDDITCH AC ROAD RECORDS

		3K WALK					5K WALK					10K WALK				
U13					U13					U13						
U15	15.14	Sharon Griffiths	Leicester	19-Feb-83	U15	26.31	Sharon Tonks	York	23-Mar-85	U15						
U17	14.53	Ruth Sugg	Douglas	7-May-83	U17	25.53	Carla Jarvis	Sutton Coldfield	3-Nov-90	U17						
U20					U20	26.13	Louise Pye	Leicester	11-Jun-88	U20	54.59	Sharon Tonks	Hoddesdon		2-Sep-89	
Senior					Senior	23.53	Sharon Tonks	Tamworth	3-Dec-01	Senior	48.40	Sharon Tonks	Leamington		23-Mar-02	
W35					W35	25.30	Sharon Tonks	Perry Park	12-Nov-05	W35	52.54	Sharon Tonks	La Coruna Spain		4-Jun-05	
W40					W40					W40	61.04	Sally Haynes	Chigwell		31-Oct-87	
W45					W45					W45						
W50					W50					W50	72.49	Sally Haynes	Leicester		15-Sep-96	
W55					W55											
W60					W60											
W65					W65											
W70					W70											
		20K WALK					30K WALK					5 MILE WALK				
U13					U13					U13						
U15					U15					U15						
U17					U17					U17						
U20					U20					U20						
Senior	1.43.29	Sharon Tonks	East Moseley	2-Mar-02	Senior					Senior	38.09	Sharon Tonks	Coventry		6-May-02	
W35	1.49.45	Sharon Tonks	La Coruna Spain	4-Jun-05	W35					W35	41.00	Sharon Tonks	Coventry		27-Jun-05	
W40	2.18.58	Sally Haynes	Basildon	8-Apr-89	W40					W40						
W45	2.17.06	Sally Haynes	Basildon	7-Apr-90	W45					W45						
					W50					W50						
					W55					W55						
Senior					W60					W60						
					W65					W65						
					W70					W70						
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