

WOMEN

BROMSGROVE and REDDITCH AC ROAD RECORDS

04/10/2025

5 KILOMETRES				5 KILOMETRES PARK RUN				5 MILES						
U13	20.09	Kara-Rose Welborn	Kirkby Mallory	17-Apr-21	U13	20.06	Amy Mijovic-Couldwell	Arrow Valley	26-Oct-13	U20	36.10	Ruth Gameson	Chelmsley Wood	03-Jan-16
U15	19.56	Kara-Rose Welborn	Sutton Coldfield	01-Apr-23	U15	19.22	Ellen Bowen	Arrow Valley	28-Mar-15	Senior	28.41	Bronwen Smith	Coventry	28-Mar-82
U17	19.36	Amy Mijovic-Couldwell	Sutton Park	25-Mar-17	U17	19.04	Kara-Rose Welborn	Walsall	21-Dec-24	W35	27.13	Bronwen Cardy	Solihull	02-Sep-90
U20	22.19	Ruth Gameson	Sandhurst	16-Jun-15	U20	18.57	Beth Sykes	Arrow Valley	16-Nov-19	W40	34.24	Jane Anderson	Sandhurst	28-Feb-04
Senior	18.15	Sharon Hetherington	Hereford	24-May-01	Senior	17.52	Beth Sykes	Arrow Valley	22-Nov-22	W45	35.47	Jane Anderson	Little Aston	20-Sep-09
W35	17.13	Laura Kyte	Kingsley	26-Aug-22	W35	18.12	Laura Kyte	Arrow Valley	09-Jul-22					
W40	18.05	Caroline Warrington	Bath	30-Jun-21	W40	18.46	Caroline Warrington	Cardiff	22-Nov-22					
W45	16.30	Bronwen Cardy	Gloucester	15-Jun-00	W45	19.11	Faye Stanyard	Arrow Valley	20-Apr-24	ONE MILE				
W50	18.58	Bronwen Cardy	Gloucester	18-Aug-05	W50	20.23	Kim Edmunds	Cannon Hill	28-Dec-13	U13	6.09	Harriet Boehm	Much Wenlock	13-Jul-25
W55	26.13	Jane Anderson	Carlisle	06-Sep-23	W55	23.25	Mary Morris	Arrow Valley	17-Oct-17	U15	7.26	Talitha Scoltock-Daftary	London	27-May-18
W60	23.24	Yvonne Priestman	Birmingham	19-Apr-09	W60	21.14	Bronwen Cardy	Arrow Valley	12-Sep-15	U17	7.26	Talitha Scoltock-Daftary	Bourton	13-Jul-19
W65	24.20	Yvonne Priestman	Falesia POR	12-Mar-11	W65	24.10	Yvonne Priestman	Brighton	30-Apr-11	Senior	7.04	Talitha Scoltock-Daftary	Darlington	21-May-25
W70					W70	32.18	Peggy Blunn	Arrow Valley	26-Nov-16	W40	5.49	Becky Selvey	Bourton	15-Jul-17
										W45	9.55	Yasmine Al-Daftary	Bourton	24-Jul-18
10 KILOMETRES				10 MILES				20 MILES						
U13				U13				U13						
U15	42.12	Kara-Rose Welborn	Bournemouth	02-Apr-23	U15			U15						
U17	45.44	Lauren Coates	Redditch	28-Jun-22	U17			U17						
U20	40.38	Katie O'Byrne	Redditch	23-May-04	U20	84.30	Ruth Gameson	Leicester	06-Sep-15	U20				
Senior	36.01	Laura Kyte	Cipolletti Arg	05-Mar-16	Senior	56.05	Bronwen Cardy	Tipton	16-Nov-86	Senior	2.25.34	Natasha Newton	Milton Keynes	09-May-21
W35	33.52	Bronwen Cardy-Wise	Worcester	22-Mar-87	W35	56.38	Bronwen Cardy-Wise	Tadcaster	29-Apr-89	W35				
W40	34.05	Bronwen Cardy-Wise	Swansea	13-Sep-92	W40	56.16	Bronwen Cardy-Wise	Tipton	15-Nov-92	W40	2.22.42	Rowena Bales	Stafford	12-Mar-06
W45	34.25	Bronwen Cardy	Newport	15-Jul-00	W45	57.48	Bronwen Cardy-Wise	Llandudno	01-Nov-98	W45	2.28.24	Rowena Bales	Stafford	08-Mar-09
W50	39.05	Bronwen Cardy	Cardiff	29-Jul-07	W50	76.04	Ann Stuart	Derwentwater	07-Nov-10	W50	2.44.13	Sarah Richardson	Ashby	20-Mar-16
W55	45.52	Judy Appleby	Crowle	11-May-14	W55	79.35	Ann Stuart	Brampton	19-Nov-17	W55				
W60	47.25	Judy Appleby	Alcester	10-Oct-21	W60	82.40	Sarah Richardson	Walsall	08-Dec-24	W60				
W65	49.44	Yvonne Priestman	Crowle	08-May-11	W65					W65				
W70	78.10	Peggy Blunn	Bromsgrove	09-Jul-16	W70					W70				
HALF MARATHON				MARATHON				20 KILOMETRES						
U13				U13				W35	73.20	Bronwen Cardy-Wise	Aylesbury	02-Apr-89		
U15				U15										
U17				U17										
U20	1.51.45	Ruth Gameson	Birmingham	18-Oct-15	U20									
Senior	80.58	Laura Kyte	Rosario ARG	14-May-17	Senior	2.53.53	Bronwen Smith (Cardy)	Stockholm	07-Jun-86					
W35	74.43	Bronwen Cardy-Wise	Stroud	30-Oct-88	W35	2.45.30	Bronwen Cardy-Wise	Wolverhampton	05-Apr-87					
W40	74.52	Bronwen Cardy-Wise	Stroud	24-Oct-93	W40	2.54.19	Caroline Warrington	Valencia	05-Dec-21					
W45	78.04	Bronwen Cardy-Wise	Stroud	24-Oct-99	W45	3.08.09	Rowena Bales	London	26-Apr-09					
W50	92.21	Rowena Bales	Birmingham	20-Oct-13	W50	3.17.44	Kim Edmunds	Edinburgh	22-Aug-11	W50	13.16.07	Judy Appleby	Davros Switz	30-Jul-11
W55	1.40.01	Sarah Richardson	Birmingham	01-May-22	W55	3.40.20	Sarah Richardson	London	03-Oct-21					
W60	1.41.55	Judy Appleby	Siverstone	24-Nov-19	W60									
W65	1.55.57	Yvonne Priestman	Cardiff	16-Oct-11	W65									
W70					W70									

Subject to scrutiny

WOMEN

BROMSGROVE and REDDITCH AC ROAD RECORDS

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[illegible]