

BROMSGROVE and REDDITCH ATHLETIC CLUB TRACK and FIELD RECORDS

14/08/2025

[illegible]

Subject to scrutiny

BROMSGROVE and REDDITCH ATHLETIC CLUB

TRACK and FIELD RECORDS

M50	1.36.9	Scott Beverley	Redditch	02-Sep-22	M45	56.5	Noel Deam	Brierley Hill	10-Jul-91	M45	2.07.9	Calvin Scoltock	Worcester	23-May-15
					M50	59.74	Mike Neylon	Brierley Hill	27-Sep-15	M50	2.11.99	Calvin Scoltock	Jesolo Italy	11-Sep-19
					M55	58.9	Peter Mould	Alexander	15-Sep-12	M55	2.35.4	Ian Keyte	Solihull	25-May-16
					M60	62.1	Peter Mould	Leamington	25-Jun-14	M60	2.44.6	Jonathon Grix	Redditch	06-Aug-25
					M65	63.5	Peter Mould	Worcester	12-May-18	M65	2.48.5	David Carney	Solihull	22-Jun-03
					M70	64.49	Peter Mould	Nuneaton	06-Aug-23	M70	3.07.4	David Carney	Exeter	15-Jun-08
					M75	87.43	David Carney	Battersea	25-Aug-13	M70	3.07.45et	David Carney	Alexander	05-Jul-09
					M80	1.42.65	David Carney	Alexander	11-Aug-19	M75	3.24.64	David Carney	Solihull	21-Jul-13
										M80	3.55.15	David Carney	Alexander	26-Aug-18
1000 METRES					1500 METRES					ONE MILE				
Senior	2.18.62	Adrian Passey	Oslo, Norway	05-Aug-87	U13	4.36.9	Andrew Rosson	Hereford	27-Jun-93	U13	5.21.9	Nathan Sanders	Coventry	03-Jul-19
M40	2.59.9	Russell Rawlins	Solihull	14-Jul-02	U15	4.10.9	Gary Corbett	Warley	20-May-78	U15	4.36.7	Gary Corbett	Oxford	06-May-78
M45	2.56.0	Calvin Scoltock	Swindon	20-Mar-16	U17	4.00.0	Gary Corbett	Kirby	12-Jul-80	U17	4.22.0	Peter Realf	Warley	May-70
					U20	3.51.3	Adrian Passey	Plymouth	08-Jul-83	U20	4.36.9	Sean Bowden	Redditch	15-Apr-10
					Senior	3.34.50	Adrian Passey	Oslo, Norway	04-Jul-87	Senior	3.54.9	Adrian Passey	Harlow	20-Aug-89
					M35	3.47.63	Adrian Passey	Watford	12-Jul-00	M35	4.39.27	Luke O'Gorman	Bury	26-Aug-24
					M40	4.11.0	Bernie Jones	Eton	23-Jun-01	M40	4.35.5	Bernie Jones	Redditch	16-Apr-00
U13	3.49.8	Jacob Wagstaff	Tipton	08-Jul-23	M45	4.21.3	Paul Knight	Redditch	19-May-94	M45	4.51.49	Calvin Scoltock	Tipton	17-Aug-18
U15	3.27.52	Gabriel Wagstaff	Birmingham	10-Jul-22	M50	4.28.62	Calvin Scoltock	Jesolo Italy	07-Sep-19	M50	4.56.22	Calvin Scoltock	Tipton	16-Jul-19
SNR	3.46.6	Mark Appleton	Stourport	17-Apr-11	M55	5.07.0	Ian Keyte	Redditch	15-Jun-16	M55	5.34.5	Ian Keyte	Redditch	14-Apr-16
M40	3.40.1	Calvin Scoltock	Stourport	06-Apr-14	M60	5.36.8	Alan Elsmere	Stourport	13-May-10	M60	6.06.4	Clive Rose	Redditch	14-Apr-16
M45	3.30.99	Wayne Watkins	Birmingham	10-Jul-22	M65	5.58.7	David Carney	Barnes	07-Sep-03	M65	6.30.0	David Carney	Solihull	27-Jul-03
					M70	6.37.1	David Carney	Redditch	12-Jun-08	M70	7.16.6	Len Quartly	Redditch	12-Apr-12
					M75	7.02.3	Len Quartly	Stourport	11-May-17	M75	8.26.4	Len Quartly	Stourport	25-Apr-19
										M80	9.14.0	Len Quartly	Redditch	26-May-23
1 HOUR					2000 METRES					2 MILES				
Senior	16190 met	Peter Ball	Redditch	18-Oct-20	Senior	5.09.5	Adrian Passey	Crystal Pal	28-Jul-89	Senior	8.49.79	Adrian Passey	Canberra	01-Dec-96
M40	15561 met	Brett Elesmore	Redditch	26-May-23	M35	7.52.8	Martin Aspley-Davis	Worcester	25-Apr-17					
M45	16574 met	Pete Vale	Redditch	18-Oct-20	M40	6.38.7	Andrew Freeman	Worcester	25-Apr-17					
M50	15925 met	Rob Mole	Redditch	18-Oct-20	M45	6.23.9	Calvin Scoltock	Worcester	17-Apr-18					
M75	10569 met	Len Quartly	Redditch	18-Oct-20										
3000 METRES					5000 METRES					10000 METRES				
U13					U17					Senior	31.58.02	Joe Smith	Parliament Hill	16-May-15
U15	9.16.0	Jimmy Moran			U20	17.02.0	Ryan Lee	Solihull	02-May-09	M35	31.58.64	James Bowler	Parliament Hill	16-May-15
U17	8.37.4	Adrian Passey	Dublin	04-Jul-81	Senior	13.20.09	Adrian Passey	Hechtel	19-Jul-97	M40	34.16.98	Dave Kesterton	Ljubijana	24-Jul-08
U20	8.16.3	Adrian Passey	Cheltenham	16-Jul-83	M35	13.30.67	Adrian Passey	Heusden	02-Mar-00	M45	33.24.7	Mike Parker	Solihull	19-Aug-90
Senior	7.48.09	Adrian Passey	Crystal Pal	24-Jul-89	M40	15.45.1	Mike Parker	Solihull	10-Jun-90	M50	33.42.77	Mike Hawkins	Alexander	07-Jul-91
M35	7.53.88	Adrian Passey	Wythenshaw	14-Jun-00	M45	16.21.5	Mike Hawkins	Solihull	10-Jun-90	M55				
M40	9.18.9	Phil Carbutt	Worcester	19-Aug-99	M50	16.30.7	Mike Hawkins	Cannock	21-Sep-91	M60	38.28.7	Edgar Nicholls	Wolverhampton	20-Jul-85
M45	9.35.4	Wayne Watkins	Wolverhampton	05-Jun-22	M55	17.29.92	Mike Cadman	Leicester	15-Mar-14	M65	43.02.2	Edgar Nicholls	Solihull	15-Aug-93
M50	9.41.7	Mike Cadman	Worcester	01-Aug-13	M60	18.18.0	Edgar Nicholls	Wolverhampton	14-Jul-85	M70	46.48.8	Edgar Nicholls	Solihull	13-Aug-95
M55	10.29.1	Ian Keyte	Solihull	25-May-16	M65	20.53.9	Edgar Nicholls	Jarrow	14-Jul-93	SPECIAL PERFORMANCE TRACK MARATHON				
M60	11.56.5	Alan Elsmere	Brierley Hill	08-Aug-07	M70	23.50.2	Edgar Nicholls	Solihull	14-Jun-98	M50	3.32.48	Rob Mole	Telford	04-May-23
M65	12.18.1	Alan Elsmere	Alexander	29-May-13	M75									
M70														
M75	15.47.8	Len Quartly	Redditch	05-Jun-19										
80m HURDLES					100m HURDLES					70m HURDLES				
U13										U13				

MEN

BROMSGROVE and REDDITCH ATHLETIC CLUB TRACK and FIELD RECORDS

14/08/2025

U15 M70 M75	11.50	Ollie Dieppe	Manchester	08-Jul-22	U17 M50 M55 M60	12.75	Matthew Griffin	Nuneaton	10-Aug-19	U13	75m HURDLES					
											13.5	Joshua Pearson	Coventry	16-Jun-13		
	110m HURDLES				200m HURDLES				300m HURDLES							
	U20 Senior M35 M40 M45	14.41	Paul Gipton	Stoke	17-Jun-95	Senior M40 M45 M50	25.2	Richard Saunders	Verified by NUTS		10-May-72	Senior M35 M60	43.6	Martin Aspley-Davis	Cheltenham	04-Jun-12
		14.59	Paul Gipton	Alexander	23-Aug-98		28.90	Martin Aspley-Davis	Nottingham		31-Aug-19		44.02	Martin Aspley-Davis	Cheltenham	06-May-13
19.87		Martin Aspley-Davis	Solihull	20-Jul-14		32.5	Noel Deam	Alexander	Sep-98		47.7	Peter Mould	Worcester	25-May-13		
21.8		Martin Aspley-Davis	Tipton	17-Jul-17		31.30	Mike Neylon	Worcester	30-Aug-15							
	21.4	Jason Cashmore	Solihull	05-Aug-18												
U17 U20 Senior M35 M40 M40 M45 M50	400m HURDLES				HIGH JUMP				POLE VAULT							
	54.96	Ollie Dieppe	Chelmsford	25-May-24	U11 U13 U15 U17 U20 Senior M35 M40 M45 M50 M55 M60 M65 M70 M80	1.55m	Jim Morley	Corby	21-Jun-09	U15 U17 U20 Senior M35 M40 M45 M60 M65	2.40m	Mark Callow	Brierley Hill	18-Jul-93		
	54.6	Michael Harrison	Meadowbank	10-Jun-72		1.71m	Adam Collins	Hull	1998		2.85m	Brian Hughes	Stoke	Jul-86		
	55.3	Paul Gipton	Redditch	13-May-00		1.71m	Adam Collins	Hull	1998		3.60m	Brian Hughes	Coventry	May-88		
	58.7	Martin Aspley-Davis	Worcester	04-Aug-12		1.83m	James Hart	Cwmbran	13-Sep-98		3.80m	Mark Mullis	Tamworth	03-May-97		
	61.1	Martin Aspley-Davis	Corby	04-Jun-17		1.96m	Charlie Husbands	Bedford	31-May-21		2.50m	Martin Aspley-Davis	Corby	04-Jun-17		
	61.18ET	Martin Aspley-Davis	Alexander	24-Jun-17		2.10m	Charlie Husbands	Birmingham	29-Jul-23		2.70m	Rob Greenaway	Tamworth	18-Aug-93		
	68.45	Martin Aspley-Davis	Yate	17-Jul-22		1.60m	Martin Aspley-Davis	Corby	06-Jun-15		3.20m	Rob Greenaway	Telford	May-96		
	65.92	Peter Mould	Derby	07-Jun-03		1.55m	Martin Aspley-Davis	Solihull	06-May-17		1.60m	Clive Brown	Worcester	06-Jul-11		
						1.60m	Paul Husbands	Aarhus Den	04-Aug-17		1.60m	Clive Brown	Stourport	30-Apr-15		
						1.65m	Paul Husbands	Burton	19-May-19							
						1.50m	Paul Husbands	Redditch	06-Aug-25							
	WEIGHT THROW					1.30m	Clive Rose	Worcester	30-Aug-15	U/15	1879	Matthew Griffin	Milton Keynes	24-Jun-17		
M35	10.55m	Sam Cater	15.88k	Derby	13-Oct-18	M65	1.25m	Len Quartly	Worcester	04-Sep-11	M40	2152	Jason Cashmore	Horspath	18-Jun-17	
M40	8.42m	Sam Cater		Horspath	04-Mar-23	M70	1.20m	Len Quartly	Stourport	03-May-12	M45	1781	Dave Haynes	Stoke	06-Aug-88	
M50	11.40m	Vito Ricci	11.34k	Hull	29-Jun-19	M80	0.90m	Len Quartly	Worcester	10-May-23		DECATHLON				
	WEIGHT THROWS PENTATHLON					WEIGHT THROWS DECATHLON					U/20	4079	Loxley Arcscott	Alexander	13-May-79	
M35	2517	Sam Cater		Hull	29-Jun-19						M40	3824	Martin Aspley-Davis	Basingstoke	28-Sep-19	
M50	2247	Vito Ricci		Hull	29-Jun-19	M35	4507	Sam Cater	Derby	13-Oct-18		OCTATHLON				
										U/17	3804	John Dineen	Redditch	May-92		
	LONG JUMP				TRIPLE JUMP				SHOT PUTT							
U11	4.43m	Lewis Byng	Kettering	21-Jul-12	U13					U13	7.50m	George Case (3K)	Redditch	30-Apr-22		
U13	5.17m	Sam Bridges	Redditch	17-Oct-20	U15	12.25m	Alan Fincham	Bury St Edmunds	10-Jul-99	U13	9.40m	Lewis Byng(3.25K)	Worcester	08-Jun-14		
U15	6.02m	Alan Fincham	Worcester	Sep-99	U17	14.58m	Mike Adebolu	Yeovil	09-Jul-88	U15	12.05m	Harry Onions (4K)	Gateshead	02-Jul-11		
U17	6.47m	Simeon Clarence	Worcester	04-Aug-12	U20	14.67m	Mike Adebolu	Alexander	26-May-90	U17	11.55m	Sam Cater (5K)	Redditch	30-Aug-99		
U20	7.05m	Craig Darlington	Stoke	29-Jul-89	Senior	12.70m	Craig Darlington	Sutton	21-Jul-90	U20	14.03m	Geo.Shepherd(6.25K)	Solihull	05-Sep-64		
Senior	7.12m	Craig Darlington	Sheffield	05-May-91	M35	10.32m	Martin Apsley-Davis	Worcester	02-Jul-16	U20	13.06m	Sam Cater (6K)	Abingdon	08-Sep-02		
M35	5.10m	Martin Aspley-Davis	Worcester	30-Jul-14	M40	10.61m	Geoff Broom	Brierley Hill	11-May-92	Senior	15.42m	Geo.Shepherd(7.26K)	Oldbury	21-May-66		
M40	5.23m	Geoff Broom	Redditch	06-Aug-92	M45	10.70m	Geoff Broom	Tamworth	Jun-94	M35	11.23m	Sam Cater	Burton	06-Jul-19		
M45	5.12m	Geoff Broom	Bhm Univ	1993	M50	9.35m	Mike Neylon	Leamington	17-Jun-15	M40	11.33m	Mike Jones	Bromsgrove	03-Jul-83		
M50	4.96m	Paul Husbands	Tamworth	10-Sep-17	M55	9.15m	Andrew Brunton	Stratford	11-Jun-25	M45	10.59m	Mike Jones		May-90		
M55	4.36m	Andrew Brunton	Nuneaton	01-Sep-24	M60	7.80m	Clive Brown	Redditch	03-Jun-10	M50	12.07m	Mike Jones(6K)		1991		
M60	3.29m	Clive Brown	Worcester	13-Aug-09	M65	6.46m	Clive Brown	Brierley Hill	27-May-15	M55	10.82m	Mike Jones	Solihull	13-Jun-99		
M65	3.28m	Bill Rawlins	Tamworth	11-Sep-99	M70					M60	11.80m	Mike Jones(5K)	Bedford	29-Jul-00		
M70	3.19m	Len Quartly	Leamington	25-Jun-14	M75					M65	10.56m	Mike Jones	Solihull	06-Aug-05		
M75	3.01m	Len Quartly	Nottingham	31-Aug-19						M70	10.42m	Mike Jones	Cardiff	04-Jul-10		

Subject to scrutiny

MEN

BROMSGROVE and REDDITCH ATHLETIC CLUB TRACK and FIELD RECORDS

14/08/2025

M80	2.59m Len Quartly		Stratford	12-Jun-24						M75	6.14m	Len Quartly (4K)	Solihull	01-Sep-18
										M80	4.37m	Len Quartly (5K)	Redditch	27-Apr-22
										M80	5.92m	Len Quartly (4K)	Redditch	31-Jul-24
											m	JAVELIN		
U13	22.52m	George Case (1k)	Stourport	19-Jun-22	U13					U13	37.46m	George Case (400g)	Stoke	03-Jul-22
U15	33.98m	George Case (1.25K)	Nuneaton	10-Aug-24	U15	39.68m	Mark Callow(4K)	The Dell	18-Jul-93	U15	42.26m	Sam Cater (600g)	Camarthen	29-Jun-97
U17	36.77m	Kieran Valley (1.5K)	Alexander	16-Jun-18	U17	49.29m	Todd Green (5K)	Cheltenham	05-Jul-17	U17	51.13m	Sam Cater (700g)	Worcester	12-Sep-99
U17	25.65m	Keiran Valley (2k)	Stourport	05-Aug-17	U20	44.60m	Briann Green (6K)	Stourport	29-Apr-18	U20	58.14m	Anthony Childs (800g)	Kirkby	12-Jul-80
U20	35.16m	Sam Cater(1.75K)	Abingdon	08-Sep-02	Senior	40.59m	Geo. Shepherd(7.26K)	Verified by NUTS	1969	U20	52.38m	Sam Cater 800g NS	Derby	17-Jun-00
Senior	42.42m	Geo.Shepherd(2K)	Verified by NUTS	1969	M35	35.30m	Sam Cater	Tipton	04-May-19	Senior	59.40m	John Pratt (800g)	Coventry	07-May-89
M35	35.59m	Ben Hembrly	Solihull	01-Aug-10	M40	30.26m	Sam Cater	Stourport	13-May-23	M35	47.10m	Sam Cater	Hull	29-Jun-19
M40	29.62m	Mike Jones	Bromsgrove	03-Jul-83	M45	28.08m	Brian Hetherington	Redditch	15-May-97	M40	40.54m	Mohammed Abrar	Solihull	01-Sep-18
M45	30.40m	Mike Jones		1985	M50	31.82m	Vito Ricci (6K)	Nuneaton	04-Jun-22	M45	42.07m	Mohammed Abrar	Stourport	14-Jul-24
M50	35.08m	Mike Jones(1.5K)	Solihull	07-Jun-92	M55	31.13m	Vito Ricci (6K)	Leamington	13-Apr-24	M50	38.19m	Mohammed Abrar700g	Worcester	14-May-25
M55	30.94m	Mike Jones	Tamworth	11-Sep-99	M60	24.45m	Mike Jones	Burton	05-Oct-03	M50	38.66m	Phil Carbutt (800g)	Alexander	11-Jun-03
M60	37.10m	Mike Jones(1.0K)	Stafford	26-Aug-00	M65	23.05m	Mike Jones	Solihull	11-Jun-06	M55	24.99m	Clive Brown	Tipton	10-Aug-05
M65	31.58m	Mike Jones	Alexander	14-Sep-08	M70	26.93m	Mike Jones	Leicester	13-Jun-10	M60	24.44m	Clive Brown	Stafford	05-Sep-09
M70	32.15m	Mike Jones	Bhm Univ	23-Jun-10	M75	6.44m	Len Quartly	Solihull	01-Sep-18	M65	24.43m	Julian Grubb	Nuneaton	04-Sep-16
M75	10.38m	Len Quartly	Stratford	21-Jul-21						M70	17.73m	Mike Jones	Leicester	12-Jun-11
										M75	17.45m	Julian Grubb	Stratford	14-Jun-23
										M80	12.33m	Len Quartly (600g)	Nuneaton	16-Sep-23
	1500m STEEPLECHASE					2000m STEEPLECHASE					2,000m WALK			
U17	4.20.7	Graham Birdsall	Brighton		U17	6.22.0	Gary Corbett	Redditch	31-May-80	U13	8.12.0	John Griffiths(1600m)		10-Jul-83
					U20	5.56.6	Neil Rousell	Warley	01-Jul-72	U13	10.11.0	John Griffiths		01-Jul-84
					Senior	5.41.7	Steve Jones	Alexander	24-May-89	U15	9.47.0	John Griffiths	Wothing	07-Jul-85
					M40	6.23.8	Bernie Jones	Solihull	10-Jun-01	U17	8.41.2	Paul Sturdy	Kirkby	Aug-70
					M45	8.02.6	Andrew Freeman	Stoke	19-Aug-23	Senior	13.20.3	Robert Mole	Redditch	11-Jun-09
					M50	7.43.3	Scott Beverley	Leamington	20-May-23	M40	10.04.2	Matthew Henney	Leamington	17-Jun-15
					3000 mSTEEPLECHASE				M45	9.15.2	David Henley	Tamworth	11-Sep-99	
					U20	9.35.1	David Brearley	Solihull	1964	M50	9.25.7	David Henley	Redditch	04-Jun-01
					Senior	8.45.05	Steve Jones	Alexander	17-Jun-89	M55	10.36.8	Bill Rawlins	Alexander	05-Sep-90
					M35	11.52.9	Andrew Freeman	Kettering	02-Aug-14	M60	11.15.2	Bill Rawlins	Brierley Hill	08-Jul-96
					M40	9.56.0	Bernie Jones	Eton	23-Jun-01	M65	11.52.9	Bill Rawlins	Worcester	08-Jul-99
					M45	12.11.0	Kevin Lanckham	Gloucester	16-Aug-13	M70	12.10.8	Len Quartly	Brierley Hill	26-Jun-13
					M50	12.04.8	Scott Beverley	Newport	09-Jul-23	M75	12.32.1	Len Quartly	Redditch	07-Jun-17
										M80	13.41.6	Len Quartly	Redditch	05-Jul-23

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14/08/2025

	<u>3,000m WALK</u>				<u>5,000m WALK</u>				<u>10,000m WALK</u>					
U13	14.50.0	John Griffiths	Redditch	16-Sep-84	U15	22.56.0	Carl Tonks	Redditch	17-Apr-83	U17	48.03.0	Peter Dallow	Aldersley	15-Aug-70
U15	14.14.0	Steven Savage	Redditch	16-Sep-84										
U17	13.18.8	Kevin Sturdy	Warley	30-Jun-72	U17									
U20	13.25.3	Neil Corbett	Warley	15-May-82	U20	23.54.0	Carl Tonks	Coventry	17-Aug-85	U20				
Senior	12.37.34	David Henley	B'ham	01-Jul-84	Senior	21.47.0	David Henley	Redditch	01-Sep-84	Senior	46.25.4	Eric Taylor	Leicester	14-Mar-70
M35	12.49.0	David Henley	Loughborough	22-Jun-88	M35					M35	48.50.8	Reg Gardner	Cwmbran	24-Jun-86
M40	13.08.00	David Henley	Warley	17-May-91	M40	22.43.5	David Henley	Solihull	09-Jun-91	M40	50.23.5	David Henley	Solihull	16-Aug-92
M45	14.12.3	David Henley	Redditch	13-May-00	M45	24.29.4	David Henley	Monkton	07-Aug-99	M45	58.42.2	Kevin Worth	Solihull	20-Aug-00
M50	14.17.2	David Henley	Eton	23-Jun-01	M50	24.50.9	David Henley	Eton	24-Jun-01	M50	58.20.7	Bill Rawlins	Wolverhampton	27-Sep-87
M55	16.16.7	Bill Rawlins	Reading	08-Jul-89	M55	27.38.7	Bill Rawlins	Reading	09-Jul-89	M55	57.47.3	Bill Rawlins	Redditch	27-Mar-93
M60	17.14.0	Bill Rawlins	Worcester	11-May-96	M60	27.52.06	Terry Simons	Melbourne	29-Nov-87	M60	59.59.1	Bill Rawlins	Solihull	14-Aug-94
M65	18.01.78	Bill Rawlins	Edinburgh	18-Jul-99	M65	28.06.3	Terry Simons	Turku	12-Jul-91	M65	59.34.8	Terry Simons	Solihull	11-Aug-91
M70					M70	30.20.4	Terry Simons	Malmo	23-Aug-96	M70	66.25.3	Terry Simons	Solihull	04-Jun-99
M75	24.03.85	David Carney	Alexander	24-Jun-17	M75	37.37.6	Terry Simons	Solihull	09-Jun-02	M75				
		<u>1 MILE WALK</u>				<u>RELAYS 4 X 200m</u>					<u>2,500m WALK</u>			
M50	8.31.5	Matthew Henney	Stratford	14-Jun-23	M35	1.42.3	Cashmore,Hingley Freeman,Aspley-Davis	Stourport	30-Apr-15	U13 U15	12.16 12.22	John Griffiths John Griffiths		29-Oct-83 27-Oct-84
M80	11.08.0	Len Quartly	Stratford	14-Jun-23	M40	1.41.8	Gibbs, Aspley-Davis Reichow, Hingley	Worcester	08-May-24					
		<u>50,000m WALK</u>			M50	2.13.5	Mole, Scoltock Keyte, Brooks	Redditch	26-May-23					
SEN	5.13.41	Russell Rawlins	Alexander	Oct-84										
		<u>RELAYS 4 X 100m</u>				<u>RELAYS 4 X 400m</u>					<u>1600m MEDLEY RELAY</u>			
U13	55.1	Besford, T Hill Cook, Griffen	Corby	07-Jun-15	U15	3.57.2	Mayer, Killigrew Fagan, Stanton	Redditch	19-May-02	M35	3.55.7	Adie, Aspley-Davis Cashmore,Hingley		17-Jun-15
U15	48.8		Tipton	05-Jun-10										
U17	45.9	Griffen, Thorley Keyte, Greenhalgh	Solihull	01-Jul-18	U17	3.36.7	Clements, Thorley Greenhalgh, Pearson	Solihull	28-May-17	M40	4.00.8	Garrett,Brown Hetherington,Deam		06-Aug-92
U20	43.67	Thorley, Hill Greenhalgh, J Pearson	Milton Keynes	30-Jun-19	U20	3.36.3	Thorley, Hill Greenhalgh, J Pearson	Stourport	05-May-19			<u>RELAYS 4 X 300m</u>		
Senior	43.8	Suzuki,Russell Hingley,Hammond	Kettering	07-May-11	Senior	3.27.5	Alcott,Dineen Hubbard,Poyner	Brierley Hill	1995	U/15	2.52.1	Bridges, Wagstaff Hembry S, Hembry W	Telford	08-May-22
M35	48.5	Cashmore,Hingley Aspley-Davis, Gibbs	Worcester	25-Jul-18	M35	3.51.0	Freeman,Scoltock Mole,Aspley-Davis	Stourport	28-May-14					
M40	50.3	Garrett,Williams Greenaway,Mould	B'ham Univ	1996	M40	3.56.7	Freeman,Scoltock Hetherington.Brown	Redditch	07-Jun-17	U/17	4.03.0	Fiona Blower Hannah Lownsborough Luke O'Gorman David Mould	Stourport	14-Jul-24
M45	51,9	Asplet-Davies, Gibbs Gemmell, Watkins	Redditch	06-Aug-25										

Subject to scrutiny