

WOMEN

**BROMSGROVE and REDDITCH AC
ROAD RECORDS**

11/02/2025

3K WALK				5K WALK				10K WALK			
U13				U13				U13			
U15	15.14 Sharon Griffiths	Leicester	19-Feb-83	U15	26.31 Sharon Tonks	York	23-Mar-85	U15			
U17	14.53 Ruth Sugg	Douglas	07-May-83	U17	25.53 Carla Jarvis	Sutton Coldfield	03-Nov-90	U17			
U20				U20	26.13 Louise Pye	Leicester	11-Jun-88	U20	54.59 Sharon Tonks	Hoddesdon	02-Sep-89
Senior				Senior	23.53 Sharon Tonks	Tamworth	03-Dec-01	Senior	48.40 Sharon Tonks	Leamington	23-Mar-02
W35				W35	25.30 Sharon Tonks	Perry Park	12-Nov-05	W35	52.54 Sharon Tonks	La Coruna Spain	04-Jun-05
W40				W40				W40	61.04 Sally Haynes	Chigwell	31-Oct-87
W45				W45				W45			
W50				W50				W50	72.49 Sally Haynes	Leicester	15-Sep-96
W55				W55							
W60				W60							
W65				W65							
W70				W70							
20K WALK				30K WALK				5 MILE WALK			
U13				U13				U13			
U15				U15				U15			
U17				U17				U17			
U20				U20				U20			
Senior	1.43.29 Sharon Tonks	East Moseley	02-Mar-02	Senior				Senior	38.09 Sharon Tonks	Coventry	06-May-02
W35	1.49.45 Sharon Tonks	La Coruna Spain	04-Jun-05	W35				W35	41.00 Sharon Tonks	Coventry	27-Jun-05
W40	2.18.58 Sally Haynes	Basildon	08-Apr-89	W40				W40			
W45	2.17.06 Sally Haynes	Basildon	07-Apr-90	W45				W45			
				W50				W50			
				W55				W55			
				W60				W60			
				W65				W65			
				W70				W70			
Senior	<u>10 MILE WALK</u> 88.10 Sharon Tonks		Jan-95								

Subject to scrutiny